

Suggested community activities

National Skin Cancer Action Week



16-22 November 2008

- Hold a skin cancer awareness day or week at your school or centre.
- Create a display in your library or centre providing skin cancer resources on prevention and early detection. Order your FREE resources by contacting the Cancer Council Helpline on 13 11 20.
- Provide an information session for parents and staff about skin cancer prevention and early detection. Contact the Cancer Council Helpline on 13 11 20 to find out about possible public speakers, such as dermatologists.
- Develop a competition for community newspapers and radio stations with the aim of increasing awareness of SunSmart messages leading into summer.
- Work with regional education officers to support competitions in remote/regional areas.
- Do an audit of the shade available to play in at the school or centre.
- Hold a fete to raise money for sun protection for your school/centre (e.g. new hats, sunscreen, shade development etc).
- Include SunSmart messages in community newsletters.
- Apply to be a SunSmart school/centre and have a SunSmart sign presentation at your school. Contact your state or territory Cancer Council or ring the Cancer Council Helpline on 13 11 20.

Kids + Teenagers

- If you are aged 11-17, enter the Cancer Council SunSmart competition. Information at www.cancer.org.au/skincancerweek
- Have a SunSmart colouring-in, drawing or poster competition. Winners could receive SunSmart prizes (e.g. sunscreen, hats, sunglasses etc).
- Have a hat competition where children design their own SunSmart hats.
- Get children to re-design the current school uniform to make it SunSmart (if not already).
- Get students to write SunSmart songs, raps, skits, poems and plays. Allow the children to write and perform items based on the SunSmart theme.
- Have children complete a project on the sun and skin cancer.
- Play sun protection games and activities.
- Have sun protection trivia during breaks and award SunSmart prizes to winning teams.
- Hold a SunSmart fashion parade.

For further information, contact your state or territory Cancer Council, or the Cancer Council Helpline on 13 11 20.