

Original Skin

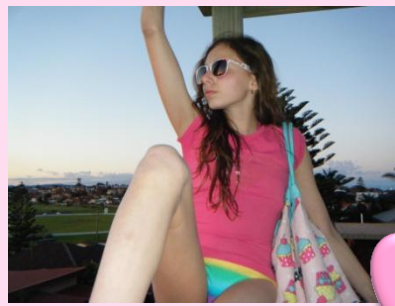


'Tanning is skin cells in trauma', 'slip, slop, slap', etc. You've seen the commercials and you think you've heard it all. It would seem that the only way for the common beach babe to get 'the look' these days means disregarding the risks of unsafe/unsuitable sun protection. Why should we make this assumption? Hotty; Callan McAuliffe quotes: "I like a girl who respects themselves". Unnecessary make-up/formal attire and a TANNED exterior can often give the wrong impression to a guy. What should you do to keep your cool?

I have composed a 'beach pack' including a range of garments that complement the bikini accompanied by other essentials for a girl to take to the beach...

The sun screen:

Roll on or old-school, sun-screen protects your skin from the harsh Aussie sun and makes your body shine. If you can't be bothered to apply it, look for a spray-on screen. This requires minimal effort and should be a significant additive to every girl's beach bag.



Shirt:

Wearing a bikini accompanied by a long sleeved blouse may be the ultimate 'beachy' look. Not only do they look gorgeous, but they cover up your other-wise exposed shoulders and bod!

Sunnies:

Your sunglasses are the ultimate beach gadget; they protect your eyes from the sun, act as a disguise and look **SUPER HOT!** Look for pretty floral designs or bright punchy colours with practical Polaroid lenses for the best accessories. These are best kept in the bag or tucked in to the front of your shirt!



Rash vest:

I know, no one wears rash vests right? **WRONG!** Rashies are a vital component of your pack and should be worn while in the water if not on the beach. They don't have to be baggy and tasteless, they can be rather shapely/fitted and feminine. Look for boat neck rash vests in plain colours with simple patterns!

Beach Umbrella/Tent:

The beach umbrella or beach tent provides a sufficient source of shade therefore shielding you from the heat and possible skin damage. Also, sitting under these babies allows you to 'inconspicuously observe' the hot guy sitting next to the flags. Look for pretty patterns and frilly rims! These can be carried under the arm.

Hat:

Fedoras, broad-rims, old-fashioned, etc. There are so many variations of hats to try! Take your pick on the basis of practicality (Must somewhat shield the face from the sun) and fashion, looking for light, summer colours accompanied by a contrasting material such as lace.

Bag:

Look for a cotton striped beach bag with a loose fastening rope. Beach bags should ideally drape over the back or be slung over a shoulder blade. They must be light and portable and most importantly; practical (that means fitting your kit inside ;). You might also want to make your decision on an aesthetic basis.

+ Thongs and a towel!

