

2015-2016 Growing hope

ANNUAL REPORT 2015-16

Our vision

Realising the hopes of all Tasmanians for a cancer free future.

Our mission

Cancer Council Tasmania is a charity that works to minimise the incidence and impact of cancer on all Tasmanians.

On average, eight Tasmanians are diagnosed with cancer each day, making our work in Tasmania vital to the health of our community.

Every dollar we raise in Tasmania stays in Tasmania, ensuring we can support those in our own communities who will benefit most.

To reduce the impact and incidence of cancer in Tasmania, Cancer Council Tasmania:

- Provides high quality support services for people affected by cancer;
- Invests in cancer prevention programs which educate the community about lifestyle factors that can decrease the risk of cancer; and
- Funds local cancer-related research projects, and provides a respected voice for the needs of people affected by cancer.

Our work could not be achieved without the generosity of the Tasmanian community and the support of our dedicated volunteers

Our fundraising activities underpin our support services, prevention programs and cancer research funding.

Our values

Generosity

We give generously of ourselves and recognise the generosity of the community

Integrity

We strive for excellence and do what we say we will do.

Collaboration

We actively work together to make a real difference.

Courage

We recognise courage in others and are inspired to speak out and step up.

Innovation

We encourage innovation and embrace best practice.





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Message from the President

It has been another wonderful year to be the President of Cancer Council Tasmania.

During the year I have attended a number of activities around the State, speaking with people in the community and acknowledging the efforts of many generous Tasmanians who fundraise and donate to our very worthy organisation.

As a publicly funded organisation, I continue to be astounded by the generosity of Tasmanians who, over the past 21 years have supported us. It has ensured that our support services, cancer prevention programs and contributions to Tasmanian-based cancer research continue to grow and meet the needs of Tasmanians affected by cancer.

It has been a very busy year for the organisation and I would like to sincerely thank the dedicated staff and volunteers of Cancer Council Tasmania for their commitment and passion in undertaking the wide range of activities to achieve our Mission to minimise the incidence and impact of cancer on all Tasmanians.

Without the commitment from staff and the ongoing support of our volunteers in all aspects of the business, our ability to meet the needs of Tasmanians would be challenging. I am a volunteer for Cancer Council and other organisations, and know the pleasure that a volunteer receives in being able to give back to their community.



We were very grateful that Her Excellency Professor the Honorable Kate Warner, AM, Governor of Tasmania was able to open our 2015 Derwent Valley Relay For Life and we are grateful for her ongoing support.

Thank you to my fellow Board members for their support and counsel over the past year. As a Board we acknowledge and adhere to the principles of good governance. Cancer Council Tasmania is a business and we have ensured that business acumen applies and sets the foundations for the continued growth and sustainability of the organisation.

During this financial year the Board oversaw the outcomes of the first year of the 2015-18 Strategic Plan. The plan ensures that all our activities align to our values and supports why we are here.

It has been another remarkable year and we look forward to the future and working together to make a difference.

Sandra French AM

President

The Board

Ald Sandra French, AM – **President**Allyson Warrington B.Bus, FAMI, CPM, FAICD – **Vice President**David Bowker B.Sc, MComm, GAICD – **Treasurer**Scott Adams B.Com, CPA, MBA, GAICD
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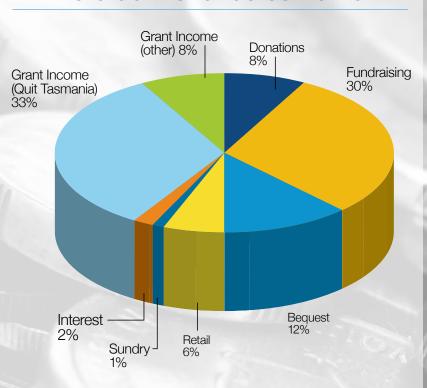
Management Team

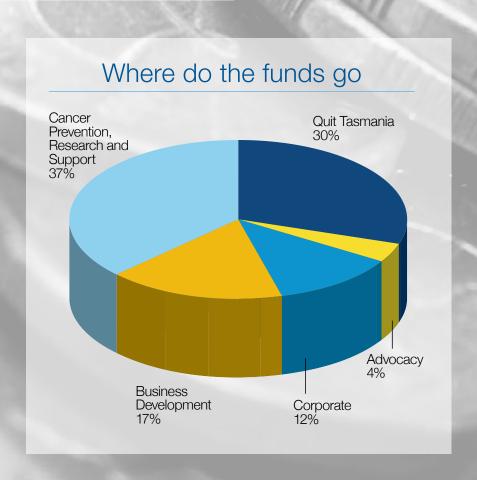
(L-R) Mark Wild (Director Corporate Services), Jane Crosswell (Director Business Development), Penny Egan (CEO), Raylene Cox (Director Cancer Prevention and Support Services) and Abby Smith (Director Quit Tasmania)











Message from the CEO



Thank you for another rewarding year at Cancer Council Tasmania. We have been able to continue the good work of previous years and continue to connect and support the many Tasmanians who have been affected by cancer.



We provided nearly 5,000 supports this year over a wide range of support programs and services including face to face, telephone and support groups, hospital visits and complementary therapy programs such as art and craft, pilates and yoga. Our new Living Well After Cancer program was held in various regions around the State and extremely well supported.

Our staff have been active in a number of rural and remote areas of the state to provide outreach support. We acknowledge that the needs of all regions are different and we look to increasing our engagement in the future in a manner that provides support to people in those areas.

Our transport2treatment (t2t) service is well supported in the north west and south with a large number of clients being provided the benefit of transport to their treatment appointments. With the opening of the government's North West Cancer Centre in Burnie we are looking forward to working with the community to develop a model that assists cancer patients in that region to be able access the Centre if needed.

The number of people using our Cancer Support Centre in Launceston continues to expand, with increased support numbers and many community organisations using the Centre for meetings and other activities. Our thanks go to our many volunteers who help with the gardening, the veggie patch and providing support.

Our financial assistance scheme provided financial support to 219 Tasmanians and we again supported 28 adolescents and young adults through our Seize the Day Award scholarships and gratefully acknowledge the Cape Hope Foundation for their sponsorship of the northern awards.

Educating the public on early detection continued assisted by our newly initiated volunteer community speaker program. This year we partnered with Hazell Bros in their employee 'Fit for Work, Fit for Life' program and look forward to progressing this in the future. SunSmart continues to be a major focus with 87% of all primary schools, 100% of outside school hours care facilities and 98% of child care centres being SunSmart accredited.

Quit Tasmania has been extremely active and successful in the social marketing space, on the Quitline and completing the analysis of 2015 Smoking and Health survey. This indicated a reduction in smoking rates in Tasmania, but more investment is still required to assist the large numbers of Tasmanians who continue to smoke to be able to quit and quit for good. The grant funded Targeting Tobacco project to assist community organisations help their clients quit smoking was successfully completed this year and we seek to expand our work in this area if funding can be provided.

I am extremely proud of what we are achieving at Cancer Council Tasmania. We must operate and be recognised as a business. Our strategic plan is focused on why we are here supported by what we do. We are committed to our plan and focused on our Mission to minimise the incidence and impact of cancer on all Tasmanians.

Like all businesses we have our challenges. As we need to raise 90% of our funding from the community, we have been active in promoting our daffodil logo to increase the public awareness of our brand and alleviate some of the confusion in the fundraising sector. We want to continue to encourage our community to 'donate to the daffodil' and to be assured it is being donated to us with all funds staying in Tasmania.

We have been well supported again by our community. On behalf of the staff, I acknowledge and thank the many individuals, organisations and community fundraisers who have contributed to us during the year. In supporting us they have provided support to their fellow Tasmanians.

Finally, I would like to acknowledge the passion, commitment and efforts of the staff, Board and volunteers of Cancer Council Tasmania and look forward to working with all of you again in the coming financial year.

Penny Egan

CEO



Support Services

Our Support Services team has had a very busy year providing valuable support services to Tasmanians impacted by cancer. This year our support contacts totaled 4,984 (over 300 more compared to the same time last year). We continue to deliver evidence-based resources at no cost to the community. Our wig library is accessed across the State and our education program has been reviewed to be more accessible to those wanting to attend.

Achievements

Seize the Day Awards



This year's Seize the Day Awards Scholarship awarded \$30,000 to twenty eight deserving students from across the State - fifteen in the South and thirteen from the North and North West, who have been

impacted either directly or indirectly by cancer. The money is given to assist with post-secondary education costs for students aged between 16 and 25 who have been impacted by cancer.

Eighty three people attended presentation nights in Hobart and Launceston where students were presented with their scholarships in front of family and friends.

We were pleased to have partnered with the Cape Hope Foundation as the major sponsor for the Northern awards and the Southern awards were funded from donations from the Tasmanian community.

The money is gratefully received, however the scholarships represent more than the monetary value, as they acknowledge the difficulties the students have faced in dealing with their cancer experiences. It gives them the encouragement to remain positive and persevere when facing adverse circumstances to pursue their future goals. This is evident by the powerful words from one student (shown on the right).

Peter Wise Award

Unfortunately 2016 was the final year of the Peter Wise Award. At the presentation ceremony in Launceston Penny Egan presented Jill Wise, the wife of the late Peter Wise, with flowers and a certificate to thank her for her ongoing support of the Seize the Day Awards.

Sadly Peter, who was a former IGA CEO , passed away from cancer in 2007. The Peter Wise Award was established in 2008 in recognition of Peter's contribution to the Seize the Day Awards. For eight years it was awarded to a deserving student who showed outstanding determination in the face of adversity.



"The Seize the Day Awards Scholarship means two things to me. Firstly, it is a huge encouragement that an organisation such as the Cancer Council sees the importance of reaching out to assist a young person in this way. It is a humbling experience for me to know that even though it was not me personally who was given a cancer diagnosis, there is recognition of the huge impact such a diagnosis can have on a young person, a daughter, a sister.

"This scholarship says to me 'someone cares, what you've been through hasn't gone unnoticed,' It's a hand reaching out to lead me forward into the future. It's suggesting to me that I can make a difference. A cancer diagnosis, on one hand can be terrifying, but on the other a chance to offer support, friendship, hope. I look forward in anticipation to my future study and thank the Cancer Council for the hope they offer in assisting students, such as myself in reaching our future goals."

Alice, aged 19 years

Professional Development Scholarships

The cancer+ Scholarship assists Tasmanian health professionals who work with children, adolescents and young adults with cancer, to experience professional development opportunities which relate to the improvement of cancer support and cancer prevention services.

Up to \$3,000 is provided annually to deserving applicants. One recipient of the 2016 scholarship is Victoria Jayde, Adolescent and Young Adult Cancer Care Clinical Nurse Consultant at the Royal Hobart Hospital (RHH). Victoria was awarded \$1,500 to undertake a Graduate Certificate of Adolescent Health and Wellbeing Oncology Stream at the University of Melbourne.



Another recipient, Kirsten Fox, a Registered Nurse on the Paediatric Ward at the LGH, was awarded \$1000 to complete a short course in Cancer Care Emergencies and Adolescent and Young Adult's Cancer at the Peter MacCallum Cancer Centre, Melbourne, Victoria.

The third recipient was Emma Wardlaw, a Registered Nurse working on the Outpatients Chemotherapy Unit at the RHH. Emma was awarded \$500 to undertake an Introduction to Paediatric Specialties Program at the Royal Children's Hospital.

The Scholarship is part of the cancer+ program that supports Tasmanian families of children, adolescents and young adults with cancer, the survivors of childhood cancer and the professionals who care for them.

Sheffield Support Group

In response to the huge interest in a presentation delivered by Dr. Carrie Lethborg in Sheffield, a Support Group was formed in the Kentish community. Feedback from people interested in the group highlighted the need for it to be accessible for those who have a range of cancer experiences, rather than specific to one type of cancer. The group, which is also open to partners, is continuing monthly and aims to assist people to give and receive helpful information and support from people in their community who understand.

Art Group

When the six week Art Therapy program, funded by a TAHPC grant concluded last year, participants expressed a strong desire to a similar program to continue. As a result the 'Creative Expression Through Art' Support Group was formed and is hosted at the Crowded Lounge in Latrobe. The generous support of the venue has enabled us to continue to provide a time and place for people to meet, draw, paint, share their experiences and support each other. The group is facilitated by Debbie, a Support Services volunteer who travels from Launceston to guide the group, and participants often express the enjoyment and benefits they gain from participating in the group .







Creative Expression Workshops

We were grateful to receive two funding grants from TAHPC (Tasmanian Association for Hospice and Palliative Care) in Southern Tasmania to hold workshops of multi-modal arts based sessions.

Creative Expression involves the use of art making materials to support the exploration and expression of thoughts, feelings, conflicts and relationship issues in the presence of a qualified Creative Arts Therapist and a Senior Support Officer.

The first grant was for two 6 week workshops held at the Cancer Support Centre at the Royal Hobart Hospital for adults who were looking to express emotions relating to grief, death, dying and bereavement due to a cancer diagnosis.

Due to the success of both these workshops a third one was run in October where the Art Therapist donated her time and a further \$450 was obtained from TAHPC for catering and art supplies.

The second grant of \$5,000 was to run two 4 week workshops and twelve individual sessions at the Whittle Ward for palliative care patients. Following the first workshop we gained permission from TAHPC to vary the parameters of the grant to include staff and volunteers within the Palliative Care Community which lead to three workshops involving staff at Hospice@Home.

Following the success of all the Creative Art workshops we have established a monthly Art Support Group for cancer patients, survivors and carers in Hobart.

The following reflections are from some participants who attended the sessions at the RHH:

- "Sometimes letting it out allows the strength to come back."
- "I have been able to reflect on the past and draw strength to face what lies ahead peacefully."

Rachel and Jye Fund

In the last financial year
Cancer Council Tasmania
has provided more than
\$31,000 to families with
children, adolescents and
young adults with cancer.
Through the Rachel and
Jye Fund, every Tasmanian
child under the age of
eighteen years diagnosed
with cancer, relapses or requires

treatment interstate, can access financial assistance.

We have assisted twenty seven families who have had a child diagnosed or relapse (contributing more than \$20,000) and we have made twenty three payments (\$9,457.53) to families whose child was being treated interstate. Most common claims generally include travel costs.



Kirsten's Story

Late in 2015 Cancer Council Tasmania formed a partnership that led to an opportunity to film a young lady telling her personal account of being diagnosed with bowel cancer at 30 years of age. Kirsten, now 31 and in remission, expressed her desire to be a spokesperson for young people with cancer.

Kirsten, who was living and working overseas, returned home and was diagnosed with stage three bowel cancer at the start of 2015.

"For the first few weeks after my diagnosis, my life was a rollercoaster of emotions. I had to give up my job overseas. I was homeless because I had packed up my house so I had to move back in with my mother," Kirsten recalls in her moving story.

A fit, active woman, Kirsten said she had associated bowel cancer with older people.

"But I learned that cancer doesn't discriminate," she said.

After three major surgeries, one minor surgery and six months of chemotherapy and radiotherapy, Kirsten is now looking forward to living her life again.

"It's taught me to live in the present; to live my life and not let cancer hold me back."

Kirsten paid tribute to Cancer Council Tasmania for its ongoing support.

"Cancer Council Tasmania has such a wealth of support and knowledge for young people, anyone living with cancer.

"I am really lucky, things are looking positive and I am now in remission."

The aim of Kirsten's Story is to give messages of hope and increase the understanding of what it is like to have cancer from a young adult's perspective. Kirsten hopes to improve communication around cancer, making it less of a taboo subject, and increase awareness in the community about cancer and the positive outcomes from healthy living.

The film is available to view on Cancer Council Tasmania's website or on YouTube.



Pro Bono Assistance

The Cancer Council Pro Bono Program assists people diagnosed with cancer and their families by providing free assistance with legal issues, financial planning, small business accounting and workplace advice.

Last August in conjunction with Cancer Council NSW, Cancer Council Tasmania held a number of 'in-services' presentations across the state for health professionals to raise awareness of the program and promote referrals.

This has seen an increase in referrals being made to the program. In the last financial year we have assessed seventy four clients with issues around end of life legal matters, including wills and powers of attorney as well as legal matters relating to financial hardship (including early access to superannuation, insurance claims and disputes and mortgage hardship).

Community Expos

Team members attended three Community Expos in early 2016. The inaugural 'Dying to Talk' Expo, organised as the culmination of the Better Access to Palliative Care Program, was held at Princes Wharf One on 28 May. A wide variety of service providers encouraged open dialogue about death, dying and available health and support services for those at the end of their lives. Our information booklets on palliative care, chemotherapy, radiotherapy and grief amongst others, were distributed to attendees from our stall display.

We also attended two rural 'Wellness' Expos in Oatlands and Nubeena in 2016. Cancer prevention education about healthy eating was promoted through the 'Rethink sugary drinks' and healthy lunch box displays. Support services were also discussed with interested attendees who visited the display.

Theatre Royal

The cancer+ program continues to partner with the Theatre Royal where eight theatre shows are selected for children and young adults. The Theatre Royal gives CCT ten tickets per show to give away for free to clients who would benefit from them.

In 2015-16 we provided \$60,000 in financial assistance to 219

Tasmanians impacted by cancer who are dealing with financial hardship as well as \$64,000 through the cancer+ program in scholarships and financial assistance to help children adolescents and young adults impacted by cancer.

Living Well After Cancer

A new program of half day workshops has been rolled out across Tasmania. Although it is recognised that people receive valuable support during diagnosis and treatment, people can feel that when that time ends it can be hard to make the transition to the new 'normal' – new feelings, new challenges, new ways of looking at the world.

The workshops focus on three core areas: diet and nutrition, exercise, and emotional wellbeing. They provide information on healthy choices after cancer diagnosis and initial treatment for maintaining and improving physical and emotional wellbeing.

The program features guest speakers – Dietitians, Exercise Physiologists, and Psychologists – providing information and practical ideas to help people make healthy, sustainable choices. Occasionally a cancer survivor will share their story too

In 2016 a total of nine workshops are being held, three each in Hobart, the North West (Burnie and Devonport) and Launceston, to provide statewide opportunities for as many clients as possible to attend.

The program has proved successful so far, with workshops well attended to date. Feedback indicates Cancer Council Tasmania is meeting a genuine support need in the community.

Evaluation comments included:

- Sessions provided validation that cancer impacts on every aspect of life-even when it's gone!
- Useful meeting others affected by cancer; practical suggestions for living well after treatment finishes because it's not just about getting back to life. The impacts of cancer are longer lasting than that.
- All sessions helpful, reinforce good examples of healthy living.
- Informative and educational. The knowledge that shows build-up of exercise is highly advantageous one step better than none.
- Excellent session thought provoking and very practica
- Having practical demonstrations was very effective.
 Presentation manner very good. Key messages were very clear.

Yoga and Meditation

A six week Yoga and Meditation program commenced in May at our Cancer Support Centre in Launceston. The response was very positive enabling us to facilitate two classes each week.

Participants were either undergoing treatment or in the survivorship phase and undertook exercises around Physical Movements, Meditation Techniques and Relaxation Methods.

At the end of the initial course a number of participants expressed their desire to continue with Yoga and Meditation with some finding their stress levels and tiredness had decreased as a result. As an added bonus many found the support from other participants in the classes provided them with much appreciated additional social interaction. The next six week course commences in July 2016.

Spreading the message further

One of our ongoing aims is to ensure members of the community in more remote areas can access services and information more regularly. An example of this was the Dr. Carrie Lethborg Seminar/Presentation held in October 2015 at the Kentish Health Centre at Sheffield. Carrie is a leading psychosocial expert in the cancer field and presents regular to community groups across the country.

Her presentation focused on providing information and support for those facing the emotional impact of cancer.

To promote the event fliers were circulated through Council Newsletters, local newspapers and community noticeboards across the area including connecting with surgeries, pharmacies, hospitals and the retail sector.

By the day of the event we had twelve registered attendees.

Director Cancer Prevention and Support Services Raylene Cox had travelled from Hobart to introduce our guest speaker and by the start of the evening the group had expanded to seventeen attendees.

Carrie's presentation focused on the deep emotional turmoil that comes with cancer diagnosis, treatment, patient and family relationships, and especially when treatment finishes, when often life is expected to go 'back to normal' but invariably doesn't

There was open dialogue, shared emotions and positive reaction from those attending.

Immediate feedback from the event was very positive and following up with participants soon after revealed just how useful and informative the session had been.



transport2treatment

transport2treatment (t2t) is a no-cost service for patients who otherwise could not get to cancer treatment. It offers a safe and supportive environment for patients, enables interaction with other people going to and from treatment. It provides reassurance and camaraderie and an opportunity to share experiences and provide support. This service is made possible by our 86 dedicated and caring volunteer drivers who undertake appropriate training.

The service is funded by Cancer Council Tasmania through public donations and events such as Relay For Life and the generous sponsorship of Mitsubishi Australia, DJ Motors Hobart and Telstra Country Wide.

"The friendship that developed among the patients was very worthwhile and supportive."

"An excellent service - I really don't know what we would have done without it. Everyone was helpful and very caring."

The t2t service operates from Monday to Friday with vehicles based in Circular Head, North West Coast, greater Hobart and the Huon Valley. Patients are transported to the major cancer treatment centres in Launceston and Hobart from all these locations and towns on the way.

Cancer Council Tasmania works closely with the Holman Clinics, social workers and specialists to ensure that patient appointment times are scheduled to minimise time spent waiting for the return journey.

The support and assistance of all our suppliers and contributors including Action Auto Glass, Ampersand Signs, Dentech Tas, Arnolds Autocare Smithton, Bumperfix Plus, Cramp Bros Bodyworks, Emmerton Park, Mader International, Tint-A-Car, Gowans Motors and Elizabeth Town Café (ETC) is greatly appreciated.

t2t Quick Facts for 2015/16

North West 41,000 kilometres travelled

South 153,000 kilometres travelled

Total 194,000 kilometres travelled

Which equates to 4.85 times around the world!



Cancer Prevention

During 2015/16 the Cancer Prevention team focused on providing information and resources to the community regarding the seven simple steps to cut your cancer risk.



This work took place in settings such as community centres, businesses and clubs. Hazell Bros have been a major partner in this work. Cancer Council Tasmania and this well-known Tasmanian family owned business have collaborated to increase the safety and wellbeing of the Hazell Bros workforce in their 'Fit for Work and Fit for Life' program.

The SunSmart program has continued its diligent work with Tasmanian schools to increase SunSmart practices amongst staff and students. This year we have reached 100% of Outside Schools Hours' Care Centres in attaining SunSmart status.

SunSmart

Over exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and an increased risk of skin cancer. Ninety percent of skin cancer cases can be prevented by using a combination of the five sun protection measures ('slip, slop, slap, seek and slide') when the UV is 3 and above. We recognise the importance of these messages and work with schools, child care centres and work places to address these behaviours.

This year we partnered with Surf Lifesaving Tasmania and Tasmanian Seafood Industry Council to increase the SunSmart messages to a broader community.

Currently 87% of Primary Schools, 99% of Early Child Care Centres and 100% of Outside Schools Hours' Care Centres are SunSmart members. Over the next twelve months Cancer Council Tasmania will continue to promote SunSmart memberships with a focus on secondary school engagement.

Bowel Cancer Screening Project

We were fortunate to receive a grant from Primary Health Tasmania to develop an education program about bowel cancer and bowel cancer screening for Glenorchy and surrounding areas. The objectives of the project were to evaluate peer education as an effective method for health promotion, and as a result develop a volunteer speaker model and learning module.

Organisations and groups in Glenorchy were consulted about the best strategies to educate people about the importance of bowel cancer screening, and how to use the screening kit. Three talks have been run and evaluated till the end of June 2016, and a series of additional talks have been planned for the six months following.

Circular Head Aboriginal Corporation (CHAC)

Again this year we were contracted to provide four educational sessions to CHAC in Smithton. These sessions were conducted during the first half of the 2016 calendar year. They covered topics including:

- SunSmart
- Women's Health and Cancer
- Men's Health and Cancer
- 'Reduce Your Risk' (elaborating on our seven key cancer prevention messages).

The SunSmart session was primarily aimed at mothers and babies but open to all Aboriginal and Torres Strait Islander people based in Circular Head (as were all the sessions). This session was attended by nine people.

The Women's Health and Cancer session was again conducted by Di Mason (Melanoma Tas) who kindly volunteered her time. It was considered appropriate from a culture and gender perspective to have a female presenter.

The Men's Health and Cancer session was conducted at the Men's Shed. This session was informal and took the form of a chat, plus questions and answers.

The final session was focused on 'Reducing your Risk.' The session was attended by eight people (including CHAC staff). The session was valuable as it provided people with contacts and further information that could be easily shared with their community after the event.

Pitstop

A Pitstop session (focusing on men's health through relating various health conditions to the parts of a car, hence the name) was held at Queenstown on 29 June and organised by the Circular Head Rural Health officers based in Smithton. Their particular program was called 'Save Your Bacon.'

The Pitstop program was organised by Dom Peters (DHHS) who is based in Devonport. Cancer Council Tasmania provided input on the following topics through individual 'service' stations:

- Duco (skin cancer)
- Exhaust (bowel cancer),
- Spark Plugs (testicular or prostate cancer depending on age).

'Young Guns' Pitstops are also held at Don College, Hellyer College and Marist Regional College on the NW Coast. These are designed to appeal to younger people, with our Cancer Council Tasmania messages centred around skin cancer, testicular cancer, bowel cancer and the cancer prevention messages.

Agfest

Cancer Council Tasmania (CCT) has attended Agfest for many years, usually with a primary focus on fundraising and a secondary focus on prevention. 2016 was the first year that CCT attended Agfest with a sole focus on cancer prevention.

We were approached to partner with the Australian College of General Practitioners (RACGP), University of Tasmania's Faculty of Health (UTAS), and Pharmaceutical Society of Australia (PSA) for the 2016 HealthStop@Agfest initiative after a previous successful collaboration.

HealthStop@Agfest is an educational initiative for nursing, medical, pharmacy and exercise science students to practice their health skills and knowledge. The students conducted blood pressure checks, created hand creams for children and ran easy exercise games. Whilst the students conduct the health checks and activities, they have brief conversations about health related issues.

The primary message for the event was of CCT's key cancer prevention messages "Eat a Healthy Diet: Go for two fruit and five vegies for good health." This was promoted through a variety of resources (pamphlets, food planner and fact sheets), an example of a healthy lunchbox and apples donated by Lee's Orchard. The secondary messages promoted were: "Quit for good, maintain a healthy weight, drink less alcohol and be active, sit less."

Facts and stats from our involvement in Agfest in 2016:

- 1082 people visited the HealthStop site (this was measured by number of people who had their blood pressure checked)
- CCT staff and volunteers spoke with 470 people about cancer prevention messages
- · 270 resources were distributed across the 3 days
- HealthStop@Agfest initiative offers an opportunity for CCT to create strong partnerships with key stakeholder organisations
- Anecdotal evidence suggested that the HealthStop@Agfest initiative provides a good opportunity to increase reach of our key messages for cancer prevention among Tasmanians, especially among priority populations (women and men 50 years and older).





Business Development and Fundraising

Corporate Partnerships

More and more Tasmanian companies are recognising the importance of working with like-minded charities to make a difference in their local communities. This year we have enjoyed the opportunity to work with a number of local organisations that have made the generous decision to become involved with our work on a number of levels. These organisations and their employees have been actively involved in the campaign against cancer, providing much needed support for Tasmanians with activities including improved cancer awareness, promotion of cancer prevention and early detection, and provision of funding to support our ongoing work.

With cancer impacting one in every two people in their lifetime, the chances are that either directly or indirectly, each and every customer, client and employee in these organisations will be affected by cancer at some stage in their lives.

DJ Motors - Partners for over 20 years



The wonderful DJ Motors team has been supporting Cancer Council Tasmania for more than two decades. One of the most important programs they

support is our vital transport2treatment (t2t) program. A no-cost service for patients who face difficulty travelling to and from cancer treatment, t2t offers a safe and supportive environment for patients.

The transport service also enables interaction with other people on their way to and from treatment, providing reassurance, camaraderie, and the opportunity to share experiences and offer support. Through their recently launched 'Driving for More' campaign, DJs has extended further valuable support into other areas of our business with particular emphasis on our promotional and fundraising activities, such as our Tuxedo Junction Gala Ball, Relay for Life and other community activities.

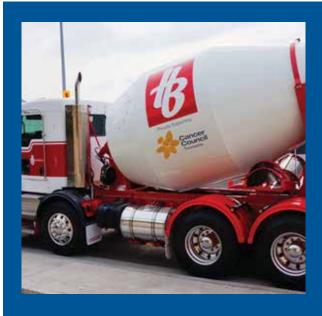
IGA

In 2016, IGA strengthened their support for our Relay For Life events across the state. As Statewide Principal Sponsor, their contribution was doubled from



previous years with the organisation providing a high level of cash support through a social media 'Catch it Early' campaign, promoting cancer prevention and early detection messaging, and a new 'Window of Hope' instore promotion. This encouraged customers to make donations via the store checkouts and leave messages of hope in IGA windows.

We were also excited to have an IGA Relay team participate in our Launceston event. This relationship continues to grow with IGA extending their support to our Australia's Biggest Morning Tea campaign, linking up with Cripps Nubake to facilitate a "percentage of product sales promotion" in their stores statewide.



Hazell Bros – 'Fit for Work, Fit for Life' Program

In early 2016, Hazell Bros launched an innovative employee program called 'Fit for Work, Fit for Life' with the aim of increasing the overall health awareness of Hazell Bros employees in an effort to "be our best, deliver best results and enjoy life." The focus of this program is about healthier places, healthier bodies and cancer prevention.

Cancer Council Tasmania was invited to partner with the organisation to implement a twelve month program of health-related activities planned by the staff across a number of sites both in Tasmania and on mainland

With a predominantly male workforce working outdoors, this provided a strong platform to deliver our SunSmart, Get Checked and other cancer prevention information sessions, with a particular emphasis on men's cancer prevention across eight work sites state-wide. The partnership has also extended to include support for some of Cancer Council Tasmania's events, focusing on women's cancers as well.

Although Hazell Bros is a Tasmanian organisation, they also have sites in Queensland and South Australia, giving Cancer Council Tasmania the opportunity to work with colleagues in other states to ensure Hazell Bros feel well supported in understanding the cancer prevention messages.

Hazell Bros have been very supportive of Cancer Council throughout this partnership by providing support at the North West Relay For Life and holding Biggest Morning Teas in a number of their sites.



Community fundraising and local events

Cancer Council Tasmania is a wholly Tasmanian charity and we rely on our local community to remain a viable business. In fact we are 90% funded by the community.

When you fundraise for Cancer Council Tasmania or when you support an event for us, you are supporting the daffodil; and when you donate to the daffodil, you know your money is staying in Tasmania to provide essential support services to the eight Tasmanians who are diagnosed with cancer

2015/16 saw some amazing collaborations and events that raised much needed funds for Cancer Council Tasmania. We are so proud of our Community Fundraisers, they represent what the daffodil means to us - real help and real hope. Thank you, one and all!

This year was another successful year for our regional flagship events held across the State. A very successful Gala Dinner was held in North West, Launceston held the 10th Anniversary Think Pink Ball and Hobart hosted the inaugural Tuxedo Junction Gala Ball attended by over 450 quests. Along with these major events, we also hosted Pink Ribbon Breakfasts in Burnie and Launceston, along with the Unite In Pink Lunch at MONA in Hobart. These events continue to offer us the opportunity to connect with the wider community, raise the profile of our work and continue to support those who need it most.

Fishing for a Cancer Cure

"Never underestimate the power of a small group of committed people to change the world. In fact, it is the only thing that ever has." Margaret Mead

When Danny Smith was diagnosed with cancer at Christmas time, he wanted to contribute to Cancer Council Tasmania and raise some funds. His group of mates decided to help organise Fishing for a Cancer Cure, an online auction of fishing trips with local boaties donating their personal time and boats for the cause. What happened next is a tribute to the fishing community of Tasmania. The online auction raised over \$20,000! This is a significant contribution to Cancer Council Tasmania and we thank everyone involved.



Unite In Pink Lunch

Each year in October we shine a spotlight on how cancer impacts the women in our lives. One of the events held during this time is the Unite In Pink Lunch. 2015 saw another sold out lunch and there wasn't a dry eye in the house, from laughter and tears, when Jean Kittson commanded the stage.

Guests were treated to first class comedy, insightful stories on what it is like to be a woman in this world and some golden memories of a long and dynamic career. Cancer Council Tasmania would like to thank the many businesses who donate to this event and create the wonderful fundraising atmosphere of the silent auction and raffles. Without these contributions this event would not be possible.

KNIGHT FRANK



We are delighted to announce a Knight We are delighted to announce a three year partnership with Knight Frank Hobart as they continue to be a vital supporter

of the Unite In Pink Lunch. Mandy Giblin and Pam Corkhill are champions of the Lunch and this event simply would not be what it is today without their support. 2016 will be the fifth year Knight Frank Hobart will sponsor the event, we are also thrilled to have the support of Blundstone and Hazell Bros.









2015 North West Gala Dinner

The festive season came early with 'Christmas in July' as the theme for this year's North West Gala Dinner.

An evening of merriment was ensured with celebratory decorations adorning the venue – complete with reindeer, tinsel and baubles – and live entertainment from Right On Cue choir and the Royal Australian Navy Band Tasmania.

Cruickshank Financial Services, Chas Kelly Transport and Fresh Freight Tasmania were major sponsors of the event held on Saturday 4 July at The Don Centre in Devonport. Many other local businesses generously contributed in-kind donations and prizes.

Over 150 guests were delighted to toast the occasion, raising almost \$15,000. Sincere thanks to all who supported the event. We couldn't have done it without you.

Think Pink Ball in Launceston

It was the night of nights in Launceston last August when 292 delighted attendees enjoyed the glitz and glamour of 'The Think Pink Tenth Anniversary Ball', kindly sponsored by Harcourts.

The theme for this year's event was 'Diamonds are a Girl's Best Friend' and from the opening number (sung by Denise Sam accompanied by the Ross Challender Big Band) the stage was set for a fabulous time. After the Big Band, the Electric Boogaloo Band was up next to keep the vibe going non-stop and the happy crowd up on their feet.

Everyone enthusiastically supported the Sparkle Stand and a diamond was certainly the best friend of the winner who went home with a beautiful 0.22 carat pink diamond donated by Haab Designer Jewellers. Thank you Haab!

Other highlights included the fabulous live auction with spirited bidding on all prizes, as well as the magnificent array of well over 100 silent auction prizes.

From start to finish it was a wonderful night and we thank the Northern Tasmanian community for their most generous support.

With the help of businesses who so kindly donated, and the patrons who attended the evening and dug deep, we had a most successful night raising in excess of \$50,000. This takes the total raised over ten years to over \$400,000 in much needed funds for Cancer Council Tasmania to continue doing the vital work we do. That's an amazing achievement, so thanks to all who so kindly support us. We love what you do for us!

Tuxedo Junction Gala Ball Hobart 2015

The generous Tasmanian community came out in force to support our inaugural Tuxedo Junction Gala Ball in 2015. The event was a special celebration of Cancer Council Tasmania's 20th anniversary year, commemorating our proud history of growing hope in our community.

We could not have done it without the generosity of so many of Tasmania's big-hearted individuals and businesses alike. Tuxedo Junction attracted over 450 guests to Wrest Point's Tasman Room where they were treated to a Gala event like no other.

Every Tasmanian has a cancer story, which is why the Tuxedo Junction 2015 committee decided to honour people we know instead of opting for a celebrity ambassador for the event. There were many touching tributes in the lead up to the event and the night provided a wonderful opportunity to reflect on the impact that cancer has on many Tasmanian families.

It was clearly evident that the stories of people we know who are impacted by cancer resonated strongly with those attending. Our fundraising target was smashed, enabling us to contribute over \$100,000 to our vital support and prevention work, as well as contribute to a number of Tasmanian research projects.

There were many local companies and individuals who put their financial and in-kind support behind this great event. Without their support, this event just would not have been possible. Many of these have supported us for a number of years which has helped us to continue our vital work. The philosophy of our event reflects our commitment that no matter what else is going on in the world, our commitment to those who are part of the cancer community will not waiver.

Thank you to Wrest Point, DJ Motors, Tasmanian Hospitality Association, Dobson Mitchell Allport, Norman Connell Advertising, AlignMe.

And thank you also to the people and businesses who donated to our fundraising auctions.







Christmas lights for a cause

Sixteen year old Ashley from Prospect started the process of planning his Christmas display back in September 2015. It took him until early December to prepare and install all the lights on the house, front garden and fence.

And what a beautiful display he and his mum Sally put together - an amazing job! It included a wishing well at the front gate and all donations received went to Cancer Council Tasmania.

Initiatives like Ashley's bring much joy into the lives of young and old alike. They brought a wide smile to the faces of all those who came and visited after dark throughout the 'season' to see this amazing wonderland of lights. Santa even set himself up in the yard for the duration, much to everyone's delight.

Ashley tended the display each night and greeted children as they 'ooh-ed' and 'aah-ed' at his Christmas wonderland of sparkling lights.

To cap it off the donations from people enjoying this dazzling display added up to an amazing \$1738.15. Thanks Ashley.



Australia's Biggest Morning Tea

This year's Australia's Biggest Morning Tea (ABMT) was a great success with almost 600 hosts raising almost \$350,000 across the State. A number of launch events were held to kick off the campaign, providing an opportunity to lift the profile of the event, as well as to thank previous hosts and past supporters.

Recognising some great synergies between our local organisations and the campaign, we were delighted to welcome Cripps NuBake on board this year as a local sponsor. Cripps NuBake joined forces with our other long-time supporters IGA to offer a percentage of product sales instore throughout the months of May and June, contributing a substantial amount to our overall total. ABMT remains our second largest fundraising campaign behind Relay For Life, and relies on many wonderful people across Tasmania who host ABMT events each year. Thank you one and all!

Daffodil Day 2015

Daffodil Day is an important event on our annual fundraising calendar. It provides us an opportunity to promote our Daffodil as the Symbol of Hope, increase the awareness and profile of our vital work and of course to raise much needed funds.

Every year, a wonderful group of volunteers come out in force across the state to assist staff in manning our Daffodil Day stalls, selling pins, pens, Dougal bears and fresh daffodils and encouraging people to 'Donate to the Daffodil' to aid our cause.

In 2015, 250 volunteers manned 56 stalls statewide, helping to raise \$79,000 for the campaign overall. Many of these volunteers have been assisting on this very important day for too many years to count. Without their help, we could not continue to have such a great presence in the community on the day and we thank them from the bottom of our hearts.





My Cancer Journey – Tania Hinden

"Those we love are always with us. Their laughter, their wisdom and their thoughtfulness are gifts of love that are ours to keep"

I was diagnosed with primary bowel cancer in 2007 at the age of 41 and was clear until August 2011 when I was diagnosed with secondary bowel cancer in the lungs and liver. Apart from the six months of being clear of tumours in 2013, I have been living with inoperable secondary cancer now for four years.

It changes your perspective on life, the way people see you and the way you see them, but the most important thing for me is to continue with life as normally as possible. I have moments of immense sadness and anger asking "why me", but then you wake up in the morning and get on with life as normal.

With cancer you have two choices... you can sit in a corner feeling sorry for yourself and watch the world pass you by, or you can pick yourself up and get on with living life the best way you can.

The little things matter less, you become more philosophical and emotional, and you learn who you can and cannot rely on when you really need someone to lean on.

You also become stronger and more willing to fight for what you want and what you think is right.

Above all, you treasure every day and find something to smile about or take joy in every day, because no one knows what the future holds.

Some days I do worry about the future and what it holds for me, but I try not to think about it too much, I just live for today.

This is my cancer journey.

Footnote: Tania passed away in March 2016. Tania faced her last months with bravery and generosity and we miss her greatly. Cancer Council Tasmania had a long a happy relationship with Tania as she managed our partnership with DJ Motors for many years. As a valued colleague and friend, Cancer Council is proud to reproduce her story here as authorised by Tania.









The Mighty Fighting Hawks

It's true to say we're utterly thrilled by the ongoing wonderful support from the Hawthorn Football Club.

Clients and volunteers were delighted to meet some of the premiership players when they visited the Cancer Support Centre in Launceston after their amazing third premiership win in October. A fundraising trivia night in February during the AFL community camp was also a chance for our supporters to meet players and even bid for them to join their team.

The annual Pink Ribbon Game was held at Aurora Stadium on the 26 June (Hawthorn vs Gold Coast Suns) and was a fantastic day raising awareness about Cancer Council Tasmania and funds to support Tasmanians living with cancer.

The Pink Guard of Honour enabled 100 people affected by cancer to form up as the players ran through the match day banner. The participants also formed a circle around the centre circle and released commemorative pink balloons as a female 'Pink Ladies' choir sang from the stands.

This ceremony was an opportunity for participants and Aurora Stadium patrons to reflect on their own journeys and how cancer has affected them. A highlight of the day was the players wearing specially designed pink ribbon guernseys which were then auctioned with all funds raised donated to Cancer Council Tasmania.

Thank you Hawthorn. We appreciate your continued support!



Betty Biega reaches her goal of \$10,000

Betty's been doing it for cancer.

We'd like to thank Betty Biega for her outstanding contribution to our organisation. Ninety year old Betty has been working hard creating items for fundraising for over five years and has raised an amazing \$10,000!

The Bishop Davies Court resident has been busily knitting scarves, creating jewellery and making dolls clothes to sell at trade tables two to three times a year and is a real inspiration to all who meet her. With a twinkle in her eye Betty has changed lives. The money Betty raises for Cancer Council Tasmania helps support the eight Tasmanians who are diagnosed with cancer every day. They need us, and we don't know where we would be without Betty. Thank You Betty!



Regular Giving

Our Regular Giving fundraising program continues to receive strong support through the generosity of donors who make regular donations on a monthly, quarterly or yearly basis. This continued support allows us to provide valuable funds enabling us to have a steady, predictable source of income and to plan ahead and engage with our donors.

Bequests

Often we only become aware of a gift from a Will once a bequest has been realised, although sometimes people will contact us in advance to discuss their thoughts and wishes in this regard. This year Cancer Council Tasmania was fortunate enough to receive \$549,865.75 in Bequest funding. We find that often people nominate us because they have either been personally touched by cancer in some way or in recognition for the important work we do in the Tasmanian community. The are leaving a considered legacy that will go on to help others. The vision that their money will make a difference now and in the future is being fulfilled with real progress being made in prevention, treatment and supportive services.

In Memoriam

The In Memory program enables family, friends and the wider community to honour their loved ones by donating to specific Cancer Council Tasmania activities as a mark of respect to those that have been lost to cancer. Whether it is through the funeral home or directly from those who have experienced the loss, donations are gratefully received and not only help those who are currently living with cancer, but are a meaningful way to celebrate those loved ones lost. We are very grateful for the generosity of those who think of us when someone close to them passes away. This program raised \$38,899.15 this year.

Retail

With a focus on our SunSmart message, our retail outlets provide products and resources to ensure maximum protection from the sun.

Our range of sunscreen, cosmetics, hats and sunglasses are essential to Cancer Council Tasmania's communication of the "Slip, Slop, Slap, Seek and Slide" message.

Our retail stores are located in both the Hobart and Ulverstone offices, with products available 24/7 via our Cancer Council online shop. Integral to the success of our retail stores are our volunteers who support us by being the face of retail to the public.

Our involvement in local tourism events including the Taste of Tasmania and the Taste of the Huon, has allowed us to sell products suited to the outdoor environments of these events.

A new look fitout planned for our Hobart store will project us into the new financial year, with additional signage and advertising to promote CCT retail as a strong part of our business strategy.



Rosalie Stevens

One of our longest serving employees, Rosalie Stevens has finally taken on the 'big break' and retired from the workforce. We were truly sad to say farewell to such a committed, loyal and compassionate staff member.

Prior to coming to Cancer Council Tasmania Rosalie had worked at the Commonwealth Bank. She commenced with us on 22 November 2004 as the Personal Assistant to the then CEO, Lawson Ride. After three years she went on to become the Manager for Administration and for the last five years she held the important position of Director of Corporate Services. Rosalie was also known for playing her part in our own Relay For Life team, often volunteering for the arduous night walking session.

Rosalie was also well known for her April Fool's Day jokes, targeting one staff member in particular. We're sure John will still be expecting her to send something his way even if she's not there!

In another anecdote, having located a huge amount of left over daffodil bulbs and pots in the Hobart work room (leftovers from the Daffodil Schools Program) Rosalie and another staff member took them all home, brought potting mix, potted them up and lovingly tended them just in time for Daffodil Day, resulting in an extra two hundred pots being available for sale on the day. Good thinking Rosalie!

Although Rosalie had been on long service leave in the weeks leading up to it, she officially retired on 15 July 2016. We wish you a happy, healthy and active retirement Rosalie. Thanks again for all you did for us!



Quit Tasmania

Social Marketing and Quitline

Reducing smoking related death and illness is a priority of Cancer Council Tasmania (CCT). CCT manages Quit Tasmania with funding received from the Department of Health and Human Services to perform two main functions. Firstly, implementing social marketing campaigns to educate people on the dangers of smoking and to encourage quitting. Secondly, providing information and support to those wanting to quit smoking through the Quitline telephone support service (call 13 QUIT or visit quittas.org.au for further information).

Evaluation of the Quitline (2014)

In a survey of over 300 current smokers, ex-smokers or relapsed smokers who phoned the Quitline or were referred by a health professional and had been contacted by a Quitline advisor up to four weeks prior to the survey interview:

- 96% of callers were satisfied
- 95% of callers would recommend Quitline to friends or family
- 86% of callers believed Quitline was of benefit to them
- Callers commonly reported that Quitline advisors are encouraging, supportive, understood them, listened, and provided information and strategies that were relevant and helpful

Quitline Enhancement Project and Targeting Tobacco Project

Quit Tasmania also delivers the Quitline Enhancement Project (funded by the Australian Government) and the Targeting Tobacco Project (funded by the Australian Government through Primary Health Tasmania) with the goal of reducing smoking rates among the population groups with the highest rates of smoking in Tasmania.

The Quitline Enhancement Project aims to provide a culturally sensitive Quitline service. The project prioritises and seeks opportunities to engage and support Aboriginal health services and communities to strengthen their capacity to provide smoking cessation support to community members.

The Targeting Tobacco Project works with community service organisations to provide the environments and support that will help people quit smoking. The project provides quit smoking information and resources and upskills workers to assist them to have discussions with their clients about smoking and to provide options and support for people wishing to quit. The 'Help your clients quit for good' toolkit, a printed resource designed to guide workers in their conversation with clients on smoking, has been developed and is available through the Quit Tasmania website. The project has also delivered the Tackling Tobacco program, an organisation-wide approach to addressing smoking, at two pilot sites with a focus on staff training and drafting new or revised comprehensive smoking policies.

Key Facts

(smoking in Tasmania)

- Nearly 1 in 5 Tasmanians are current smokers (19%), compared to 16% nationally
- Smoking costs Tasmanians an estimated \$466 million per year
- 80% of smokers think they should quit
- 72% of Tasmanians support a law that would reduce the number of places cigarettes could be purchased
- A pack a day smoker spends around \$7,000 a year on cigarettes.

Research

Tasmanian Smoking and Health Survey

In 2013, CCT conducted the first Tasmanian Smoking and Health Survey. The survey was the first comprehensive smoking survey conducted in Tasmania. It provided baseline data for the attitudes, beliefs and behaviours of smokers and non-smokers across a range of smoking related issues. The survey was also conducted in 2014 and 2015. The survey results provide a foundation for future comparisons and will be used to drive targeted social marketing programs and smoking related advocacy work. The survey is funded by the Australian Government through Primary Health Tasmania.

Australian Secondary Students' Alcohol and Drug (ASSAD) Survey

The results of the 2014 ASSAD survey, conducted by CCT were released in June 2016. The results show tobacco use among Tasmanian secondary school students has declined. The smoking rate among Tasmanian secondary students aged 12-15 years was the lowest since the survey began (3%). In addition, the smoking rate among 16 and 17 year olds was lower in 2014 (13%) than in 2011 (16%) and 2008 (17%). The full report is available on the Cancer Council Tasmania website (http://www.cancertas.org.au/wpcontent/uploads/2016/06/ASSAD-2014_Tasmania_alcoholtobacco-illicits_FINAL.pdf)





Advocacy

On behalf of CCT, Quit Tasmania also undertakes smoking related advocacy work with the aim of raising awareness of important issues and influence changes to regulations. policies and practice. Our current areas of focus include electronic cigarettes and the Tobacco Free Generation. The popularity of electronic cigarettes, which mimic the act of smoking, has increased in recent years even though the products have not been approved by the Therapeutic Goods Administration for safety, quality and efficacy. Quit Tasmania endorses the position statement of Cancer Council Australia and the National Heart Foundation on electronic cigarettes (available at: www.wiki.cancer.org. au/policy/Position_statement_-_Electronic_cigarettes). 2015-16, Quit Tasmania provided two written submissions in response to discussion papers released by the Tasmanian and Australian Governments regarding electronic cigarettes.

In addition, CCT has developed a position statement on the Tobacco Free Generation (available at: www.cancertas.org. au/about-us/position-statements/). CCT encourages the Tasmanian Government to support the proposed Public Health Amendment (Tobacco Free Generation) Bill 2014 as one of many tobacco control strategies to reduce smoking rates.

In 2015-16, Quit Tasmania staff presented findings from the Tasmanian Smoking and Health Survey and ASSAD Survey at a number of conferences including the Population Health Congress, Oceania Tobacco Control Conference and ATDC Conference: Rethinking Prevention.

Key Facts

(Quitline statistics 2015-2016)

- 2,364 contacts/interactions
- 1,191 clients requested counselling services
- 3,488 call backs were made by counsellors
- 501 referrals received from health and community workers
- 159 Aboriginal and Torres Strait Islander clients
- 44% of contacts were male and 56% female
- 223 clients reported being smoke free at the time of their final call
- 2,184 Quit Packs distributed.



'Terrie's Tip' - Terrie Hall's emotional television ad had dramatic impact.

Achievements

Social Marketing

This year's social marketing focus was aimed at smokers aged 20-44 who are parents or considering parenthood.

Funds provided by the Department of Health and Human Services and Primary Health Tasmania enabled 32 weeks of television campaigns to be on air. The advertising strategy included a mixture of graphic, emotional, personal testimonials and positive style campaigns featuring ten campaign advertisments - 'Zita', 'Michael Roberts', 'Cigarettes are eating you alive', 'Real Stories', 'Sponge', 'Triggers', '16 Cancers', 'Terrie's Tip', 'Never give up giving up' and 'The Wait'.

February 2016

Launched in February 2016, 'Terrie's Tip' is a highly emotive campaign featuring Terrie Hall, a 51 year old former smoker who was diagnosed with oral and throat cancer at the age of 40. The campaign was developed by the Centers for Disease Control and Prevention in the United States. Terrie talks about the impact smoking has had on her daily life and shares her morning routine: inserting a set of false teeth, putting on a wig, fitting an artificial voice box inside a hole in her neck and putting on a scarf to hide her tracheotomy. Sadly, Terrie passed away in September 2013, aged 53 after the cancer spread to her brain. The campaign aims to encourage people who smoke to quit by informing them of the negative effects smoking can have on their quality of life.

May 2016

In the lead-up to World No Tobacco Day (31 May), Quit Tasmania launched 'The Wait' campaign. The setting for the campaign's television commercial takes place in a doctor's waiting room, and depicts a man's agonising self-reflection and high regret that occur in the time between diagnosis and results. He's anxious and regretful as he reflects on his situation. Exploratory research undertaken prior to the development of the campaign revealed that the notion of regret could be a powerful motivator for quitting, with smokers having concern that they might come to regret not having stopped before doing serious damage.

References

- 1 Australian Bureau of Statistics (2015). National Health Survey, First Results 2014-15.
- 2 Peter Bennett Consulting (2015). An analysis of the economic and social costs of smoking in Tasmania 2013-14. Unpublished report, Hobart: Cancer Council Tasmania.
- 3 Trainer, E. & Smith, A. (2016). The Tasmanian smoking and health survey: findings from the 2015 population survey. Unpublished report, Hobart: Cancer Council Tasmania.

Cancer Support Centre Launceston

After four years of operation, the Launceston Cancer Support Centre continues to see considerable use with visitor numbers continuing to rise (around 6000 during the 2015/2016 period, including almost 2000 Support Services clients and over 4000 meeting groups, business visitors and event attendees).

Members of the public are invited to drop in to the Centre which offers a range of support for people dealing with cancer treatment. The relaxing lounge areas and productive gardens, which provide free organic produce most of the year, are designed to welcome and inspire.

Many support group meetings and programs are conducted at the Centre. These include a new program of Yoga and Meditation with three beginners programs annually, followed by an advanced class introduced due to demand for ongoing exercise support.

Art workshops, gardening workshops, Coffee and Craft, massage therapy and a free wig service are amongst many other support activities available at the Centre.

We also have a comprehensive range of print resources as well as other support programs including the Living Well After Cancer Education Program, Men's Cancer Support Group, Prostamates, Breast and Gynaecological Group and a Living Well with Cancer Group all meeting regularly.

Alongside current tenants Palliative Care Tasmania and the Leukaemia Foundation we have welcomed CHATS (Lifeline) to the Centre with all groups continuing to work collaboratively with Cancer Council Tasmania. Clients, carers and anyone impacted by cancer are welcome to drop in whenever it's convenient and numerous clinical, community and other groups are encouraged to visit the Centre. It has been extremely encouraging to have a regular list of external groups using the Centre along with welcoming many new groups to use the facilities:

Groups currently using the Centre for activities or events

- Life without Barriers
- Dorset Council

- Lifeline (CHATS Program)
- Uniting Age Well
- Lifeline
- Council of the Ageing (COTA)
- Kincare
- Integrated Living
- Prostamates
- Australian Healthcare and Hospitals Association
- Ostamates
- · Look Good, Feel Better
- McGrath Foundation
- Leukaemia Foundation
- Breast Cancer Network Australia (BCNA)

And with the ongoing assistance of numerous community groups including:

- Mary Hutchinson Women's Prison
- Flinders Island Ladies Helping Ladies Group
- Country Women's Association
- Launceston Golf Club Ladies
- BCNA
- Christadelphian Ladies... to name but a few.

Our pantry is filled, our Wig and Hospital Visit bags are donated, our Breast Care Pillows sewn and stuffed and our gardens are well tended and looked after by All About Gardens.

We are extremely thankful to all the groups who give their time freely and help us in our role of serving the community.

Our monthly 'E Bulletin' now has 338 registered recipients keeping clients, general public and clinical partners up to date with the monthly activities in the Centre, an increase of 35 from 2014/15.





Research

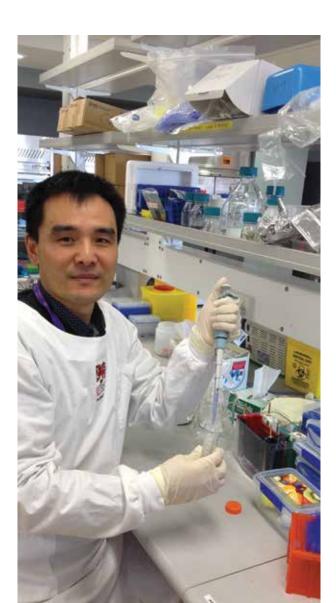
SARC

The Scientific and Research Committee (SARC) is the clinical and scientific advisory group to the Cancer Council Tasmania Board.

The objectives of SARC are to:

- Provide advice to the CCT Board on such matters as fall within its remit
- Develop, implement, monitor and review policies, guidelines and procedures for establishing and strengthening CCT's key research objectives
- Recommend to the Board the allocation of research grants and research related funds and review progress and final reports for funded grants, scholarships and clinical trials
- Further the promotion and development of CCT research activities and research excellence, and
- Review outcomes of funded research activities to provide recommendations to Board when a need for substantial changes in policy or procedures is required.

Members of SARC are appointed by the Board.



SARC Members

Emeritus Professor Peter Stanton BMedSci (Hons), MBBS (Hons), PhD, FRCPSGlas, FRCSHK, FRACS

Representative of surgery with an interest in oncology Breast/Endocrine Surgeon

Dr Allison Black BMedSci, MBBS (Hons), FRACP

Medical Oncologist, Royal Hobart Hospital

Dr Christine Clifford B.A. (Hons), PhD London MAPS

Clinical Psychologist, Member of the Domain 2 Management Team (Clinical Practice) Years 1 & 3 MBBS UTAS

Dr John Fisher MBBS, FRACGP

Representative of General Practice

GP, Ulverstone and Advisory Body to the Board of the TML

Dr Seana Gall BSc (Hons), PhD

Senior Research Fellow, Cardiometabolic Health and Disease theme, Menzies Institute for Medical Research, University of Tasmania

Emeritus Professor Konrad Muller MA, BMedSc (Hons), MBBS, PhD, FRCPA, FFOP, FFSc, FRCPath, HonFHKCPath, HonFAMS

Senior Research Representative

Emeritus Professor of Pathology and Honorary Fellow School of Medicine, University of Tasmania

Dr Margaret Wallington MBBS, BSc, MRCP(UK), FRANZCR, M Ger Med

Representative of Radiation Oncology

Radiation Oncologist

Professor Gregory Woods BSc (Hons), PHD

Immunologist

Menzies Institute for Medical Research and School of Medicine, University of Tasmania

Professor Gregory Peterson BPharm (Hons), PhD, MBA, FSHP, FACP, AACPA, ARPharmS, MPS, GAICD

Deputy Dean (Research), Faculty of Health and Co-Director of Health Services Innovation Tasmania, School of Medicine, Faculty of Health, University of Tasmania.

Dr Jeremy Power BMedSc, MBBS

Nominee of WP Holman Clinic, Launceston Oncology, Cancer Research, WP Holman Clinic

Lesley Oliver RN, BAppSc (Nursing),

GDipHlthAlnfSys

Representative for Oncology Nursing

Haematology/Oncology Clinical Trials Research Nurse,

Royal Hobart Hospital



CCT Small Grants 2016

At the 2015 Tuxedo Junction Gala Ball the auction of naming rights research grants was successful with James Johns funding the Michael Johns In Memoriam Research Grant Award and Peter and Lynne Cretan obtaining naming rights for their award.

Dr Dale Kunde – Exploring the mechanisms responsible for the early transformation from chronic colitis to colorectal cancer

Colorectal cancer (CRC) is the second highest cause of cancer deaths in Australia and accounts for deaths of 78 people from around 270 diagnosed cases every week. (Bowel Cancer Australia, 2012). It is well known that inflammation of the colon increases the risk of developing CRC especially in people suffering chronic inflammatory bowel diseases (IBD). This research project aims to identify some of these mechanisms and influences. This study will provide invaluable information regarding the mechanism of transformation from chronic inflammation to the early stages of colorectal cancer which are extremely hard to diagnose in humans.

Dr Kate Brettingham-Moore – Molecular Profiling of the post radiotherapy chromatin landscape in prostate cancer cells.

While the five year survival rate continues to improve, on average prostate cancer claims the lives of nine Australian men each day (Australian Institute of Health and Welfare, 2015). One of the most common treatment options is image guided radiotherapy but unfortunately tumor recurrence remains a significant problem (Khuntia et al., 2004). While considerable research effort has been directed towards finding genetic mutations or protein aberrations associated with resistance to radiotherapy, very little is known about the epigenetic alterations caused by radiotherapy, and how they contribute to the formation of resistant sub-clones responsible for disease recurrence.

The aim of the project is to determine the differences in epigenetic marks between cells which respond well to radiotherapy and those that are resistant.





CCT/UTAS Health Sciences Research Fellowship

Dr Mai Frandsen – Reducing the burden of lung disease: using self-affirmation to reduce defensiveness towards health risk information among smokers (SACO), and, Supporting expectant mothers to quit (SEMQ): \$92,446

SACO. Despite the constant health advice and warnings, nearly a third of adults suffering from a chronic lung disease (such as chronic obstructive pulmonary disease [COPD] or ASTHMA) continue to smoke. This study seeks to determine, by drawing on self-affirmation theory, if boosting this vulnerable group of smokers overall image of themselves prior to providing them with health risk information will decrease their defensiveness towards that information and therefore increase the likelihood that they will heed and adopt the health messages. The findings of this study may help to improve how health information is delivered to high risk smokers like those suffering from chronic lung conditions, thus promoting successful quit rates, and ultimately reducing their debilitating disease symptoms.

SEMQ. Smoking rates among Tasmanian pregnant women are among the highest in the country (17.1% compared to a national average of 13.5%). Over a third (35.7%) of expectant mothers aged 20 years or younger report smoking while pregnant and more than a quarter (30.8%) between the ages of 20-24 years. Smoking during pregnancy invariably impacts the unborn child with lower birth weights and more complicated births, now consistently reported in the literature. As such, smoking cessation during pregnancy is significantly higher compared to non-pregnant smokers (~50%) and yet up to 85% relapse after their baby is born. The purpose of this project is to develop, implement and evaluate a perinatal (before and after baby is born) smoking cessation program - that is, a program that identifies expectant mothers who wish to guit, support them to guit during pregnancy, and, importantly, help them to stay guit postpartum.

JEANNE FOSTER SCHOLARSHIP

The Cancer Council of Tasmania allocates an amount of \$5,000 per annum for the awarding of scholarship for professional development in a recognised field of cancer control.

The Awards honour the memory of our first major benefactor, the late Miss Jeanne Foster.

Applications are open to Tasmanian residents employed in area of cancer control and assist applicants to participate in an approved course of professional development or to attend a conference or seminar directly related to the improvement of cancer control.

Awards may be used to assist with travel, accommodation, registration, or other costs associated with the program of development.

Grant	Researcher	Project Title	Amount Paid
CCT Small Grant 2016: Michael Johns in Memoriam Research Grant	Dr Brettingham-Moore	Molecular Profiling of the post radiotherapy chromatin landscape in prostate cancer cells	33,000
CCT Small Grant 2016: Lynne and James Cretan Research Grant	Dr Dale Kunde	Exploring the mechanisms responsible for the early transformation from chronic colitis to colorectal cancer	28,000
CCT/UTAS Health Science Research Fellowship 2014	Dr Mai Fransden	Reducing the burden of lung disease: using self- affirmation to reduce defensiveness towards health risk information among smokers' (SACO) and 'Supporting expectant mothers to quit' (SEMQ)	92,446
Jeanne Foster Scholarship 2016	Tanya Reid	Peter MacCallum Cancer Centre Nursing Education Short Course: Chemotherapy Module One	753
Jeanne Foster Scholarship 2016	Bailey Dunn	Certificate of Skin Cancer Medicine	2,145
Jeanne Foster Scholarship 2016	Jessica Nalder	A Day in the Life of an Oncology / Haematology Dietitian, Dietitians Assoc. NSW Oncology	300
Jeanne Foster Scholarship 2016	Helen Tubb	American Society of Hematology, Meeting on Hematologic Malignancies, Chicago, USA	1,500
Jeanne Foster Scholarship 2016	Lisa Cleary	Advanced Imaging Anatomy: Head and Neck, Distance Education, QUT	500
CCT Clinical Cancer Trials 2016	Tasmanian Health Service (Royal Hobart Hospital)	Clinical Trials Data Manager	37,500
CCT Clinical Cancer Trials 2016	Tasmanian Health Service (W.P. Holman Clinic, Launceston General Hospital)	Clinical Trials Data Manager	32,500
Total Research Funding approved/paid			\$228,644
Evelyn Pedersen Elite Research PhD Scholarship 2013-2016	Jessica Phillips	Regulation of integrins by RUNX transcription factors in cancer	\$7,500
Evelyn Pedersen Honours Scholarship 2016	Kristof Wing	Honours program - data collection, Institute for Medical Microbiology, Immunology and Hygiene, Technical University, Munich	\$10,000





Unflinching support through difficult times

Debbie Woodward relates a story that would have many of us wondering what could possibly happen next. It's an inspiring mix of hope amongst despair and the true depth and meaning of the human spirit. This is her story.

In October 2013, my daughter Samantha became ill in her fifth pregnancy (this being her second child born though). It put extreme stress on her heart, so the baby was taken four weeks early, on 31 December, 2013.

We had no prior knowledge of her heart problems. The baby was born with a tumour and was operated on at just two weeks of age.

Samantha was rapidly becoming increasingly sick and frail and after months of testing was operated on in October 2014 to remove a tumour from the valve in her heart and to mend a hole in her heart with open heart surgery.

Following surgery we were told she would have probably only lived another six weeks due to the size of the tumour. We thought the tumour was around 13mm but in fact it was 48mm and roots had begun embedding into the heart muscle.

She still suffers "pump head" symptoms when unwell, tired or stressed, following bypass.

It wasn't over yet. In March 2015 Samantha tripped and fell and, whilst trying to protect her chest, smashed the back of her head open in the concrete carport of her home, resulting in brain trauma injury. Thankfully, over time, she now has only minor permanent issues attributed to this accident.

In June 2015 Samantha had five tumours removed from her breasts. This had been ongoing and monitored fine needle aspiration (FNAs)² over the last four years, but put aside due to her pregnancy and heart issues. Her results were all clear but she later developed an unknown infection resulting from surgery.

Different antibiotics were tried but didn't clear it. This caused inflamed membranes on her brain, liver and kidneys and fluid on her heart, lungs and stomach.

By September this had resulted in preliminary shutdown of her organs.

Samantha is now under the care of heart, breast and immune specialists. The attack on her organs has led to auto immune disorder, of which she has fortunately been tested clear of the 80-100 most common.

Currently they can only treat the symptoms as her auto immune deficiency is rare or unknown. If regular flare-ups keep occurring, they may try chemotherapy to shut down the immune system in the hope that it reboots.

¹ according to the Duke University researchers, Symptoms of pump head include: difficulty in concentrating; increased depression; and other noticeable changes in mental capabilities. The clinical term for pump head is cognitive impairment after coronary artery bypass grafting (CABG).

² Fine needle aspiration is a type of biopsy procedure. In fine needle aspiration, a thin needle is inserted into an area of abnormal-appearing tissue or body fluid. As with other types of biopsies, the sample collected during fine needle aspiration can help make a diagnosis or rule out conditions such as cancer).

Samantha has passed her first Stage 1 Cancer check and is due for her second. She takes each episode with these issues regarding her organs as they come, concentrating on building precious memories with her loving husband and her two little boys.

At the moment, they are no any term solutions regarding her health issues.

Samantha has been remarkably resilient throughout her ongoing ordeal and it wasn't until she was rushed to hospital with her organ issues that Samantha broke down and cried in my arms and for the very first time asked "Why me?"

Debbie has been very fortunate that her workplace has given her time off to be with Samantha so she can care for her and her boys while her husband still works. They live in a small remote mining town in the Central Highlands of Queensland and to assist Debbie has flown into Mackay, Townsville, Rockhampton with just two to ten hours' notice when needed. Debbie has spent five of the last thirteen months (up until January 2016) in Queensland caring for the family and their ongoing needs.

Debbie relates "I am also extremely lucky that my partner of twenty two years, Phil, loves and cares as he does. For the last two years with the downturn in employment he has lived out of Hobart, living and working with a mate (as his work became more scarce and fulltime jobs went casual) to be able to support us financially, as we knew Samantha would need ongoing care.

And, of course, Jakii (Samantha's sister), who has been my rock and weathered the storms with Samantha and myself."

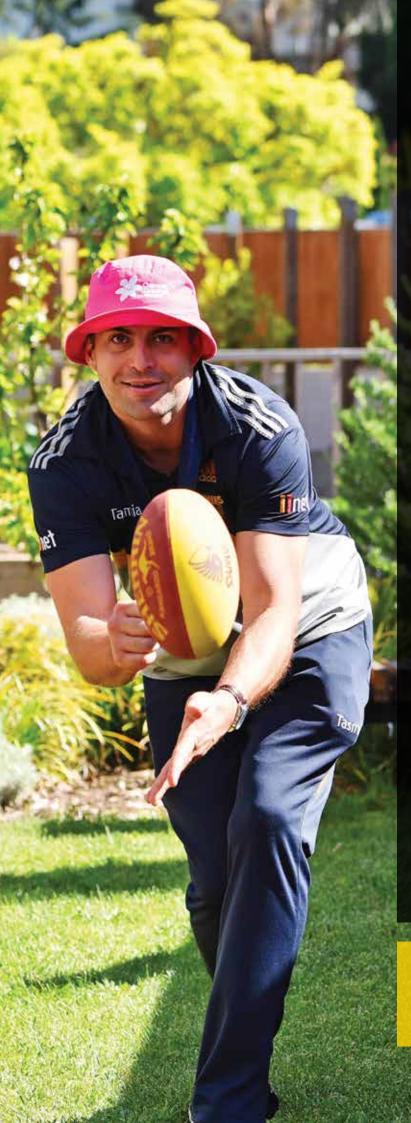
But it doesn't end here. I'm fundraising through 2016 and have already started. Watch this space.

Debbie's fundraising efforts are directed back to Cancer Council Tasmania. She and her family have close links to us here through various contacts such as friends and family members using our services and connections through Relay For Life

(Since this article was originally written Debbie has advised us that Samantha has been reasonably stable only one massive flare late in 2015, where her organs went into preliminary shutdown with inflamed membranes on brain, liver and kidney and fluid on her heart, lungs and stomach.

Inconclusive tests show a rare or unknown auto immune disease as well and yet another surgery was undertaken very recently. It's been a hard battle all the way.)





Brian, we love what you do for us.

Brian Dullaghan has been a volunteer with us since June 2014 and during that time has been involved



across a range of activities including support services, transport2treatment and business development.

Brian has always been an active and keen participant in our training and social activities.

Like many of our amazing helpers, Brian has an interesting and varied background as a published author, musician and songwriter, but it is his photography which has been a great asset to Cancer Council Tasmania

Brian attends many of our events in his own time which enables him to capture some outstanding photos for our collections, such as you see right here.

Thank you Brian for all you, and our many hundreds of other volunteers, do for us every day.





We can't do it without you.

This financial year our volunteers have generously donated in excess of 12,000 hours of their time to Cancer Council Tasmania.



Team, relay, hope, celebration, inspiration, cancer...

Single words, but also a sentence that tells a story.

My name is Marie and a little over a decade ago I joined a team to participate in Relay For Life, primarily motivated by learning more about Cancer Council Tasmania. I work on an Oncology Ward and see the devastating and destructive power of cancer every day. This was my chance to unite with others in facing the challenges of all those affected by this insidious disease. The team was known as the Lap Dancers.

After a team member lost her battle with cancer, as team leader I changed the name to 'Mel's Lap Dancers' in her memory. We remain united - three generations of Relayers, all with an enduring hope for a cancer-free future. Although some laps are walked in silence, pain and tears, some in quiet reflection, we still do countless laps with laughter and celebration, carrying our mascot "Teddy" who proudly wears his Relay top and hat, holding tight his bunch of daffodils that symbolise renewed life, vitality, hope and inspiration.

I have now joined the committee with dedicated others, working towards triumphing and minimising the impacts of cancer within our community.

Footnote from Katrina Foxton, CCT's RFL Officer South: Marie Smith (aka 'The Crazy Lady), comes to every meeting, every Relay and every visit to the office no matter if it is just to say hi or to sort tops or pack team kits with a positive attitude and a big smile. Her two favourite sentences are "It's the Crazy Lady here..." and "I'll do that...". Yes, she is amazing and we all love her to bits!





Cancer Council Tasmania has impacted many lives over the past 21 years.





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FINANCIAL REPORT





ANNUAL REPORT 2015-16

Treasurer's Report

The 2015-16 Cancer Council Tasmania (CCT) financial statements indicate a net deficit of \$532,393. This was against a budgeted deficit of \$16,729 compared to the previous year operating surplus of \$215,579.

The financial results for 2015-16 highlights the challenging environment CCT and not-for-profit sector more broadly, are currently facing. This 2016 results are reflected by the following key areas of the business;

- Decreased bequest and donation income down 31%
- Decreased net fundraising income down 12%
- Increases in program support and research grants up 6.8%

Notwithstanding the challenges that 2016 has presented, CCT has been diligent in the ongoing pursuit for business and productivity improvements. This is highlighted by a reduction in administration expenses of 5.6%, down from \$944 K to \$891 K.

Income from retail was \$110 K, an increase of \$35 K from the previous year.

Grant income of \$2.041 million remains steady in 2016 with both State and Commonwealth funding (via the Tasmanian Medicare Local) for Quit Tasmania. This allowed us to continue to invest in social marketing campaigns and to encourage indigenous smoking cessation.

The organisation has cash assets as at 30 June 2016 of \$2.464 million compared to \$2.806 million at 30 June 2015. It is expected that 2016-17 will be a challenging year for the organisation with the fundraising and donated funds difficult to secure due to increasing market competition. With the ongoing implementation of the 2015-18 CCT Strategic Plan combined with ongoing investment in a streamlined information technology strategy and a continued media presence, the organisation expects to perform well in 2016-17.

As Treasurer of the organization, I wish to advise that:

- The financial statements have been audited and an independent audit report from the Auditor Ms Joanne Doyle of Wise Lord & Ferguson has been provided, and
- That Cancer Council Tasmania is classified as a "large" charity under the Australian Charities and Not-for-profits Commission's requirements and complies with the ACNC reporting requirements.

On behalf of the Board, I can advise that:

- 1. The Cancer Council of Tasmania Inc. is not a reporting entity and that this special purpose report has been prepared in accordance with the accounting policies outlined in Note 1 to the financial statements;
- 2. The accompanying financial statements give a true and fair view of the financial position of the Cancer Council of Tasmania Inc. as at 30th June 2016 and the transactions for the year then ended; and
- 3. As at the date of the statement, there are reasonable grounds to believe that Cancer Council of Tasmania Inc. will be able to pay its debts as and when they fall due.
- 4. There are no events subsequent to 30 June 2016 which require adjustment of or disclosure in the financial report.

This statement is made in accordance with a recommendation that was provided to the Board at their general meeting held earlier today.

David Bowker

D. Bowker

Chair, Finance Audit and Risk Committee

INCOME & EXPENDITURE STATEMENT FOR THE YEAR ENDED 30 JUNE 2016

		2016	2015
	Note	\$	\$
INCOME			
Bequests and Donations	2	886,780	1,288,818
Fundraising	3	1,330,214	1,513,435
Grants	4	2,041,021	2,029,760
Merchandising	5	110,798	76,767
Other Income	6	196,859	186,180
TOTAL INCOME		4,565,672	5,094,960
LESS EXPENSES			
Administration	7	(891,246)	(944,241)
NET INCOME AVAILABLE FOR ALLOCATION		3,674,426	4,150,719
ALLOCATION OF INCOME			
Research Grants	8	(261,175)	(118,782)
Program Support	9	(3,945,644)	(3,816,358)
TOTAL ALLOCATION		(4,206,819)	(3,935,140)
		(500.000)	245.550
NET SURPLUS/(DEFICIENCY) FOR THE PERIOD		(532,393)	215,579
Other Comprehensive Income		-	-
Accumulated Funds Brought Forward	18	1,698,922	1,483,343
Net Surplus/(Deficiency) for the Period		(532,393)	215,579
ACCUMULATED FUNDS		1,166,529	1,698,922

BALANCE SHEET AS AT 30 JUNE 2016

		2016	2015
	Note	\$	\$
ACCUMULATED FUNDS AND RESERVES			
Accumulated Funds	18	1,166,529	1,698,922
The Cancer Council Foundation Reserve	18	2,950,337	2,950,337
TOTAL		4,116,866	4,649,259
REPRESENTED BY:			
CURRENT ASSETS			
Cash and Cash Equivalents	10	2,298,421	2,707,534
Trade and Other Receivables	11	72,709	43,639
Inventory		43,798	24,128
Other Assets	12	49,771	30,951
TOTAL CURRENT ASSETS		2,464,699	2,806,252
NON CURRENT ASSETS			
Trade and Other Receivables	11	314,149	250,500
Property, Plant and Equipment	13	4,703,356	4,820,595
TOTAL NON CURRENT ASSETS		5,017,505	5,071,095
TOTAL ASSETS		7,482,204	7,877,347
CURRENT LIABILITIES			
Trade and Other Payables	14	406,783	120,975
Provisions	15	174,422	168,608
Other Financial Liabilities	16	415,076	385,171
Other Liabilities	17	333,983	295,588
TOTAL CURRENT LIABILITIES		1,330,264	970,342
NON-CURRENT LIABILITIES			
Provisions	15	44,021	44,469
Other Liabilities	17	1,991,053	2,213,277
TOTAL NON-CURRENT LIABILITIES		2,035,074	2,257,746
TOTAL LIABILITIES		3,365,338	3,228,088
NET ASSETS		4,116,866	4,649,259

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2016

	Cancer Council		
	Foundation	Accumulated	
	Reserve	Funds	Total
BALANCE AS AT 1 JULY 2014	2,950,337	1,483,343	4,433,680
Comprehensive Income			
Surplus for the Year Attributable to Members of the Entity	-	215,579	215,579
Other Comprehensive Income for the Year		-	<u>-</u>
Total Comprehensive Income Atrtributable to Members of the Entity	-	215,579	215,579
BALANCE AS AT 30 JUNE 2015	2,950,337	1,698,922	4,649,259
	2 050 227	4 600 000	4.640.050
BALANCE AS AT 1 JULY 2015	2,950,337	1,698,922	4,649,259
Comprehensive Income			
Surplus for the Year Attributable to Members of the Entity	-	(532,393)	(532,393)
Other Comprehensive Income for the Year		-	_
Total Comprehensive Income Atrtributable to Members of the Entity	_	(532,393)	(532,393)
BALANCE AS AT 30 JUNE 2016	2,950,337	1,166,529	4,116,866

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2016

		2016	2015
	Note	\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES			
Grants Received		1,804,657	2,286,220
Receipts from Bequests and Donations		886,780	1,288,818
Receipts from Fundraising		1,844,880	1,541,607
Receipts from Other Operations		275,846	170,724
Interest Received		100,374	96,072
Payments to Suppliers		(5,268,314)	(5,230,160)
NET CASH FLOW FROM OPERATING ACTIVITIES	19	(355,777)	153,281
CASH FLOWS FROM INVESTING ACTIVITIES			
Payments for Buildings		-	(21,187)
Payments for Plant and Equipment		-	(5,770)
Payments for Motor Vehicles		(110,183)	(105,310)
Proceeds from Sale of Motor Vehicles		56,847	23,127
NET CASH FLOWS FROM INVESTING ACTIVITIES		(53,336)	(109,140)
NET CASH FLOWS FROM FINANCING ACTIVITIES		-	-
Net Increase/(Decrease) in Cash and Cash Equivalents		(409,113)	44,141
Cash and Cash Equivalents at the Beginning of the Financial Year		2,707,534	2,663,393
CASH AND CASH EQUIVALENTS AT THE END OF THE YEAR	10	2,298,421	2,707,534

FOR THE YEAR ENDED 30 JUNE 2016

NOTE 1: SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The Board has determined that the Association is not a reporting entity because in the opinion of the Board there are unlikely to exist users of the financial report who are unable to command the preparation of reports tailored as to satisfy their needs. Accordingly, this special purpose report is prepared to satisfy the financial reporting requirements of the Associations Incorporation Act (Tas) 1964.

The financial report has been prepared in accordance with the requirements of the Associations Incorporation Act (Tas) 1964 and the following Australian Accounting Standards as required by the Australian Charities and Not-for -Profit Commission:

AASB101 Presentation of Financial Statements

AASB107 Statement of Cash Flows

AASB108 Accounting Policies, Changes in Accounting Estimates & Errors

AASB110 Events After the Reporting Date

AASB1031 Materiality

AASB1048 Interpretation of Standards

AASB1054 Australian Additional Disclosures

No other applicable Accounting Standards, Interpretations or other authoritative pronouncements of the Australian Accounting Standards Board have been applied. The Association is a not-for-profit entity.

(a) Property, Plant & Equipment

Cost and valuation

Freehold land and buildings on freehold land are measured on a fair value basis. An independent valuation of buildings was undertaken as at 30 June 2013 and will be undertaken every five years, unless there is an observable change in market values, at which time the asset class is reviewed to ensure that it does not differ materially from the asset's fair value at that date. Where necessary, the asset is revalued to reflect its fair value.

All other classes of property, plant and equipment are measured at cost.

Depreciation

Depreciation is provided on a straight-line basis on all property, plant and equipment, other than freehold land, so as to write off the net cost of each asset over its expected useful life.

Expected useful life is 4-5 years for office equipment, 6.5 years for motor vehicles, 10 years for office furniture, 40 years for buildings and the term of the lease for leasehold improvements.

(b) Inventory

Inventory is measured at the lower of cost and net realisable value.

(c) Income Tax

The organisation is exempt from paying income tax due to its being a non-profit institution in terms of Division 50 S272-100 of the Income Tax Assessment Act 1976, as amended.

(d) Investments

Investments are valued either at cost less any accumulated impairment expense.

FOR THE YEAR ENDED 30 JUNE 2016

(e) Comparatives

Where necessary, comparatives have been reclassified and repositioned for consistency with current year disclosures.

(f) Provisions

Provision is made in respect of the Association's liability for annual leave and long service leave. Long service leave is recorded at the present value of estimated future cash flows. Annual leave is recorded at the nominal amount.

g) Cash and Cash Equivalents

Cash and cash equivalents comprise cash on hand, cash in banks and investments in money market instruments, net of outstanding bank overdrafts.

(h) Goods and Services Tax

Revenues, expenses and assets are recognised net of the amount of goods and services tax (GST) except:

- i. Where the amount of GST incurred is not recoverable from the taxation authority, it is recognised as part of the cost of acquisition of an asset or as part of an item of expense; or
- ii. For recoverables and payables which are recognised as inclusive of GST.

The net amount of GST recoverable from, or payable to, the taxation authority is included as part of receivables or payables. Cash flows are presented on a gross basis. The GST component of cash flows arising on financing or investing activities which are recoverable from, or payable to, the ATO are presented as operating cash flows included in receipts from grants or payments to suppliers.

(i) Trade and Other Payables

Trade payables and other accounts payable are recognised when the Association becomes obliged to make future payments resulting from the purchase of goods and services.

(j) Committed Funds and Research Funds Committed

Committed Funds payable are recognised once the funds are received by the Association relating to a specific project and the funds are committed to these projects. Research grants are recognised when the Association has approved the grant.

(k) Trade and Other Receivables

Trade receivables and other receivables are recorded at amounts due less any allowances for doubtful debts.

(I) Sale of Goods

Revenue from the sale of goods is recognised when all the following conditions are satisfied:

- the Association has transferred to the buyer the significant risks and rewards of ownership of the goods;
- the Association retains neither continuing managerial involvement to the degree usually associated with ownership nor effective control over the goods sold;
- the amount of revenue can be measured reliably;
- it is probable that the economic benefits associated with the transaction will flow to the entity; and
- the cost incurred or to be incurred in respect of the transaction can be measured reliably.

This is presented net of direct expenses associated with the sale of merchandise.

FOR THE YEAR ENDED 30 JUNE 2016

(m) Interest Revenue

Interest revenue is recognised on a time proportionate basis that takes into account the effective yield on the financial asset.

(n) Grant Income

Grants are assistance by the government or other body in the form of transfers of resources to the Association in return for past or future compliance with certain conditions relating to the operating activities of the Association. Government grants are not recognised until there is reasonable assurance that the Association will comply with the conditions attaching to them and the grants will be received.

(o) Donation and Fundraising Revenue

Donation and fundraising revenue is recorded when received by the Association, net of any direct fundraising costs.

(p) Impairment of Non-Current Assets

At each reporting date, the Association reviews the carrying amounts of its assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any). If the recoverable amount of an asset is estimated to be less than its carrying amount of the asset, it is reduced to its recoverable amount. An impairment loss is recognised immediately in profit or loss.

(q) Reserves

The Cancer Council Foundation Reserve is used to transfer surplus funds from Accumulated Funds for the purpose of the ongoing viability of the Association. In 2016, there was no transfer of bequest revenue transferred to this reserve (2015:0%).

(r) Change of Accounting Policy

The Board approved a revision to the Asset Capitalisation Policy to increase the threshold limit to \$5,000. All assets or capital improvements equal to or greater than the threshold limit will be recorded in the asset register and depreciated. The policy was applied as at 30 June 2015 and accordingly all assets listed as at that date, with an original cost less than the \$5,000 threshold limit have been written back to zero.

FOR THE YEAR ENDED 30 JUNE 2016

NOTE 2: BEQUESTS AND DONATIONS		2046	2045
NOTE 2: BEQUESTS AND DONATIONS 549,866 913,477 Other Bequests 562,555 16,080 Research Donations 310,659 359,261 Total Bequests and Donations 886,780 1,288,818 NOTE 3: FUNDRAISING Fundraising Income Australia's Biggest Morning Tea 348,838 331,947 Dalfodil Day 105,662 157,602 Gala Nights 213,875 28,774 Relay For Life 770,313 882,535 Pink Ribbon 108,897 117,039 Other Fundraising Income 258,901 376,722 Total Income 467,170 356,800 Salaries & On-Costs 9,102 24,384 Total Expenses 476,272 381,184 Note 1 Sexpenses 9,102 24,384 Note Contribution from Fundraising 1,330,214 1,513,435 Note 4: GRANTS RECEIVED 1,129,586 1,316,860 Grants - State Government 1,129,586 1,316,860 Grants - Writeback of Infrastructure Grant 285,874 2		2016	2015
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Fundraising Income Australia's Biggest Morning Tea 348,838 331,947 Daffodil Day 105,662 157,602 Gala Nights 213,875 28,774 Relay For Life 770,313 882,535 Pink Ribbon 108,897 117,039 Other Fundraising Income 258,901 376,722 Total Income 1,806,486 1,894,619 Fundraising Expenses Running Costs - Fundraising Program 467,170 356,800 Salaries & On-Costs 9,102 24,884 Total Expenses 476,272 381,184 Net Contribution from Fundraising 1,330,214 1,513,435 NOTE 4: GRANTS RECEIVED 31,129,586 1,316,860 Grants - State Government 621,558 410,000 Grants - Other 4,003 17,026 Grants - Other 228,874 285,874 Total Grants 2,041,021 2,029,760 NOTE 5: MERCHANDISING Income 216,352 242,432 Cost of Sales 20pening Stock 24,127	Total Bequests and Donations	880,780	1,288,818
Fundraising Income Australia's Biggest Morning Tea 348,838 331,947 Daffodil Day 105,662 157,602 Gala Nights 213,875 28,774 Relay For Life 770,313 882,535 Pink Ribbon 108,897 117,039 Other Fundraising Income 258,901 376,722 Total Income 1,806,486 1,894,619 Fundraising Expenses Running Costs - Fundraising Program 467,170 356,800 Salaries & On-Costs 9,102 24,884 Total Expenses 476,272 381,184 Net Contribution from Fundraising 1,330,214 1,513,435 NOTE 4: GRANTS RECEIVED 31,129,586 1,316,860 Grants - State Government 621,558 410,000 Grants - Other 4,003 17,026 Grants - Other 228,874 285,874 Total Grants 2,041,021 2,029,760 NOTE 5: MERCHANDISING Income 216,352 242,432 Cost of Sales 20pening Stock 24,127	NOTE 2. FUNDRAIGING		
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Running Costs - Fundraising Program 467,170 356,800 Salaries & On-Costs 9,102 24,384 Total Expenses 476,272 381,184 Net Contribution from Fundraising 1,330,214 1,513,435 NOTE 4: GRANTS RECEIVED Sales - State Government 1,129,586 1,316,860 Grants - Commonwealth Government 621,558 410,000 Grants - Other 4,003 17,026 Grants - Writeback of Infrastructure Grant 285,874 285,874 Total Grants 2,041,021 2,029,760 NOTE 5: MERCHANDISING Income Sales - Retail 216,352 242,432 Cost of Sales 24,127 40,350 Opening Stock 24,127 40,350 Add: 24,127 40,350 Purchases 125,225 149,442 Less Closing Stock (43,798) (24,127) Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665			
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Grants - State Government 1,129,586 1,316,860 Grants - Commonwealth Government 621,558 410,000 Grants - Other 4,003 17,026 Grants - Writeback of Infrastructure Grant 285,874 285,874 Total Grants 2,041,021 2,029,760 NOTE 5: MERCHANDISING Income 216,352 242,432 Cost of Sales 24,127 40,350 Opening Stock 24,127 40,350 Add: 125,225 149,442 Purchases 125,225 149,442 Less Closing Stock (43,798) (24,127) Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665			
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Grants - Writeback of Infrastructure Grant 285,874 285,874 Total Grants 2,041,021 2,029,760 NOTE 5: MERCHANDISING Income Sales - Retail 216,352 242,432 Cost of Sales Opening Stock 24,127 40,350 Add: Purchases 125,225 149,442 Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665	Grants - Commonwealth Government		
NOTE 5: MERCHANDISING 2,041,021 2,029,760 Income Sales - Retail 216,352 242,432 Cost of Sales 20pening Stock 24,127 40,350 Add: Purchases 125,225 149,442 Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665			
NOTE 5: MERCHANDISING Income Sales - Retail 216,352 242,432 Cost of Sales Opening Stock 24,127 40,350 Add: Purchases 125,225 149,442 Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665		·	
Income 216,352 242,432 Cost of Sales 24,127 40,350 Opening Stock 24,127 40,350 Add: 125,225 149,442 Purchases 125,225 149,442 Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665	Total Grants	2,041,021	2,029,760
Income 216,352 242,432 Cost of Sales 24,127 40,350 Opening Stock 24,127 40,350 Add: 125,225 149,442 Purchases 125,225 149,442 Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665			
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Add:PurchasesPurchases125,225149,442149,352189,792Less Closing Stock(43,798)(24,127)Cost of Sales105,554165,665			
Purchases 125,225 149,442 149,352 189,792 Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665		24,127	40,350
Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665			
Less Closing Stock (43,798) (24,127) Cost of Sales 105,554 165,665	Purchases		
Cost of Sales 105,554 165,665			
Gross Profit 110,798 76,767			
	Gross Profit	110,798	76,767

FOR THE YEAR ENDED 30 JUNE 2016

	2016	2015
	2016 \$	2015 \$
NOTE 6: OTHER INCOME	Ş	<u> </u>
Interest Income	107,776	92,223
Program Revenue	29,768	47,370
Royalties	59,315	46,587
Total Other Income	196,859	186,180
	,	
NOTE 7: ADMINISTRATION EXPENSES		
Depreciation Expense	10,189	38,763
Employee Expenses	505,738	400,153
General Expenses	281,137	358,812
Loss on Asset Writedown	-	46,345
Loss on Disposal of Assets	16,217	6,895
Motor Vehicle Expenses	48,873	62,715
Professional Services	-	5,799
Property Expenses	29,092	24,759
Total Administration Expenses	891,246	944,241
NOTE 8: RESEARCH GRANTS ALLOCATED		
Continuing Grants	223,466	92,465
Scholarships and Awards	37,709	26,317
Total Research Grants Allocated	261,175	118,782
NOTE 9: PROGRAM SUPPORT		
Advocacy	290,169	262,555
Business Development	896,861	904,490
Support Services	976,935	968,318
Cancer Control	1,774,640	1,670,710
Retail Program	7,039	10,286
Total Program Support	3,945,644	3,816,359
NOTE 40. CASH AND CASH FOUNTALENTS		
NOTE 10: CASH AND CASH EQUIVALENTS	0.249	7 271
Cash in Hand Cash at Bank	9,248 210,958	7,271 66,847
Term Deposits - General Operations	2,078,215	2,633,416
Total Cash and Cash Equivalents	2,298,421	2,707,534
Total Cash and Cash Equivalents	2,230,421	2,707,334
NOTE 11: TRADE AND OTHER RECEIVABLES		
Trade Debtors	71,182	41,592
Other Debtors	1,527	2,047
Total Trade and Other Receivables - Current	72,709	43,639
	, 2,, 703	+3,033
Other Debtors	314,149	250,500
Total Trade and Other Receivables - Non current	314,149	250,500
. Stat. Trade and Strict receivables - Horr current	514,143	230,300

FOR THE YEAR ENDED 30 JUNE 2016

	2016	2015
	\$	\$
NOTE 12: OTHER ASSETS		
Accrued Interest	19,384	11,982
Prepaid Expenses	30,387	18,969
Total Other Assets	49,771	30,951
NOTE 13: PROPERTY, PLANT AND EQUIPMENT		
Land and Buildings at Cost	4,621,187	4,621,187
Less Provision for Accumulated Depreciation	(215,214)	(142,723)
	4,405,973	4,478,464
Plant and Equipment at Cost	79,061	79,061
Less Provision for Accumulated Depreciation	(70,098)	(50,333)
	8,963	28,728
Motor Vehicles at Cost	372,683	392,671
Less Provision for Accumulated Depreciation	(106,045)	(104,207)
	266,638	288,464
Leasehold Improvements at Cost	31,572	31,572
Less Provision for Accumulated Depreciation	(9,790)	(6,633)
	21,782	24,939
Total Property, Plant and Equipment at Cost & Fair Value	5,104,503	5,124,492
Less Provision for Accumulated Depreciation	(401,147)	(303,897)
Total Property, Plant and Equipment at Written Down Value	4,703,356	4,820,595

As at 30 June 2015 the threshold limit for the capitalisation of assets was increased to \$5,000 and subsequently items with an original cost of less than \$5,000 have been written back to zero. This had a impact of a net reduction of \$46,345 in 2015.

				Motor	Leasehold	
	Land	Buildings	P&E	Vehicles	lmp	Total
Opening WDV	1,850,000	2,628,464	28,728	288,464	24,939	4,820,595
Additions	-	-	-	110,183	-	110,183
Disposals/adjustment	-	-	-	(73,063)	-	(73,063)
Asset Write Off	-	-	-	-	-	-
Depreciation Expenses	-	(72,491)	(19,765)	(58,946)	(3,157)	(154,359)
Closing WDV	1,850,000	2,555,973	8,963	266,638	21,782	4,703,356

FOR THE YEAR ENDED 30 JUNE 2016

	2016	2015
	\$	\$
NOTE 14: TRADE AND OTHER PAYABLES		
Trade Payables	257,004	59,921
Unexpended Grants	49,510	
Other Creditors and Accruals	100,269	61,054
Total Trade and Other Payables	406,783	120,975
NOTE 15: PROVISION FOR EMPLOYEE ENTITLEMENTS		
Current		
Annual Leave	135,463	127,550
Long Service Leave	38,959	41,058
0	174,422	168,608
Non-Current		
Long Service Leave	44,021	44,469
Total Provision for Employee Entitlements	218,443	213,077
NOTE 16: OTHER FINANCIAL LIABILITIES		
Research Funds Payable	186,623	196,752
Committed Funds - Special Projects	228,453	188,419
Total Other Financial Liabilities	415,076	385,171
NOTE 47 OTHER HARMTIES		
NOTE 17: OTHER LIABILTIES		
Current Deferred Government Grant	205 074	205 074
Deferred Income	285,874 48,109	285,874 9,714
Defetted income	333,983	295,588
Non-Current	333,363	233,366
Deferred Government Grant	1,286,438	1,572,311
Bequest Research Funds in Trust	704,615	640,966
•	1,991,053	2,213,277
Total Other Financial Liabilities	2,325,036	2,508,865
NOTE 18: ACCUMULATED FUNDS & RESERVES		
Accumulated Funds		
Opening Balance	1,698,922	1,483,343
Net Operating Surplus/(Deficit) for the Period	(532,393)	215,579
Closing Balance	1,166,529	1,698,922
Canada Canada II Form destina Desama		
Cancer Council Foundation Reserve	2.050.227	2 050 227
Opening Balance Closing Balance	2,950,337	2,950,337
Closing paralice	2,950,337	2,950,337
Total Accumulated Funds and Reserves	4,116,866	4,649,259
. Stat. / total / fall fall fall fall fall fall fall	7,110,000	7,073,233

FOR THE YEAR ENDED 30 JUNE 2016

	2016	2015
	\$	\$
NOTE 19: RECONCILIATION OF CASH FLOWS		
Reconciliation of cash flow from operations with surplus (deficit) from operations:		
Net Surplus/(Deficit) for the Year	(532,393)	215,579
Non-Cash Flows in Surplus:		
Depreciation	154,359	178,280
Loss on Sale of Fixed Assets	16,217	6,895
Loss on Writedown of Fixed Assets	-	46,345
Changes in Assets and Liabilities:		
Decrease/(Increase) in Trade and Other Receivables	(92,719)	18,458
Decrease/(Increase) in Other Assets	(18,820)	39,434
Decrease/(Increase) in Inventory	(19,670)	16,222
(Decrease)/Increase in Trade and Other Payables	285,808	(40,206)
(Decrease)/Increase in Other Financial Liabilities	29,905	(103,039)
(Decrease)/Increase in Other Liabilities	(183,830)	(276,159)
(Decrease)/Increase in Provisions	5,366	51,472
Cash Flows Provided by Operating Activities	(355,777)	153,281
NOTE 20: AUDIT FEES		
Value of the Services Provided by WLF Accounting & Advisory		
Financial Statement Audit Services	10,000	8,100
Other Services	4,950	550
Total Remuneration of Auditors	14,950	8,650

NOTE 21: SUBSEQUENT EVENTS

There have been no matters or circumstances occurring subsequent to the end of the financial year that have significantly affected, or may significantly affect, the results or financial position of the organisation.



Statement by Members of the Board

In accordance with a resolution of the members of the Cancer Council of Tasmania Inc. Board, I declare on behalf of the Board, that in our opinion:

- The Cancer Council of Tasmania Inc. is not a reporting entity and that this special purpose report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements;
- The accompanying financial statements give a true and fair view of the financial position of the Cancer Council Tasmania Inc. as at 30th June 2016 and the transactions for the year then ended; and
- As at the date of the statement, there are reasonable grounds to believe that Cancer Council Tasmania Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board and is signed for an on behalf of the Board by:

Ald Sandra French AM

President

Dated 14⁺¹ September 2016



Independent auditor's report to the members of Cancer Council Tasmania Inc.

We have audited the accompanying special purpose financial report of the Cancer Council Tasmania Inc. which comprises the balance sheet as at 30 June 2016, and the income and expenditure statement, statement of changes in equity and the statement of cash flows for the year ended on that date, a summary of significant accounting policies, other explanatory notes and the statement by members of the board.

Board Members' Responsibility for the Financial Report

The members of the Board are responsible for the preparation of the financial report and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the financial reporting requirements of the *Associations Incorporation Act [Tas]* and is appropriate to meet the needs of the members. The members of the Board are also responsible for such controls as they determine are necessary to enable the preparation of the financial report that is free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. Those standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance about whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on our judgment, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, we consider internal controls relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal controls. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the members of the Board, as well as evaluating the overall presentation of the financial report.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Independence

In conducting our audit we have complied with the independence requirements of the Australian professional accounting bodies.



Basis for Qualified Opinion

It is not practical for the Cancer Council Tasmania Inc. to establish complete accounting control over all fundraising activities and accordingly, for those fundraising activities audit procedures do not extend beyond the amounts of such fundraising income recorded in the accounting records of the Cancer Council Tasmania Inc.

Qualified Audit Opinion

In our opinion, except for the effect on the financial report of the matter referred to in the 'basis for qualified opinion' paragraph, the financial report presents fairly, in all material respects, the financial position the Cancer Council Tasmania Inc. as of 30 June 2016 and its financial performance for the year ended is in accordance with the accounting policies described in Note 1 to the financial statements.

Basis of Accounting

Without modifying our opinion, we draw attention to Note 1 to the financial report which describes the basis of accounting. The financial report is prepared to assist the Cancer Council Tasmania Inc. to meet the requirements of the Associations Incorporation Act [Tas]. As a result the financial report may not be suitable for another purpose.

JOANNE DOYLE

Partner

Wise Lord & Ferguson

Dated: 15 September 2016



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