## Colorectal cancer screening test accuracy

## 1. Clinical question/PICO

For persons without a CRC diagnosis or symptoms that might indicate CRC, which screening modality iFOBT, faecal or blood biomarkers, or any combination) performs best in detecting CRC, and how does the diagnostic performance change with family history, age, or sex?

Population	Persons without a CRC diagnosis or symptoms that might indicate CRC (with a family history of CRC or no family history of CRC)					
Intervention	<ul> <li>Index Test 1: Screening for CRC with any of the following:</li> <li>iFOBT</li> <li>Faecal biomarkers</li> <li>Blood-based biomarkers</li> <li>Any combinations</li> <li>Index Test 2: An alternative screening test or no screening</li> </ul>					
Comparator	Colonoscopy findings or follow-up outcomes					

## 2. Key findings

The results are summarised in Table A, Table B and Table C.

Table A. Summary of findings for diagnostic accuracy of iFOBT using a threshold of 10µg Haemoglobin/g faeces (iFOBT 10), iFOBT using a threshold of 20µg Haemoglobin/g faeces (iFOBT 20), multi-target stool DNA (mt-sDNA) and another stool DNA test (stool DNA test)

Outcome Studies Certainty Summary Summary Implications in Australian population (Participants of the sensitivit specificit with outcome prevalences					s undergoing screening* of those aged				
	)	evidence (GRADE)	y (%, 95% CI)	y (%, 95% CI)	40 years <sup>a</sup>	45 years <sup>b</sup>	50 years <sup>c</sup>	74 years <sup>d</sup>	80 years <sup>e</sup>
iFOBT 10									
Colorectal cancer (CRC)	4 (6510)	Very low <sup>1</sup>	92 (74– 98)	88 (86– 90)	Of 17 participants with CRC, 1 will be missed. Of those without CRC, 1198 will be offered colonoscopy	Of 24 participants with CRC, 2 will be missed. Of those without CRC, 1197 will be offered colonoscopy	Of 34 participants with CRC, 3 will be missed. Of those without CRC, 1196 will be offered colonoscopy	Of 137 participants with CRC, 11 will be missed. Of those without CRC, 1184 will be offered colonoscopy	Of 328 participants with CRC, 26 will be missed. Of those without CRC, 1161 will be offered colonoscopy
Advanced adenoma (AA)	3 (10364)	Low <sup>2</sup>	38 (30– 47)	91 (88– 93)	Of 99 participants with AA 61 will be missed. Of those without AA, 891 will be offered a colonoscopy	Of 189 participants with AA 117 will be missed. Of those without AA, 883 will be offered a colonoscopy	Of 328 participants with AA 203 will be missed. Of those without AA, 870 will be offered a colonoscopy	Of 1137 participants with AA 705 will be missed. Of those without AA, 798 will be offered a colonoscopy	Of 1979 participants with AA 1227 will be missed. Of those without AA, 722 will be offered a colonoscopy

Serrated lesion (SL)**	1 (6198)	Low <sup>3</sup>	12.4 (6.3–21.0)	89.6 (88.8– 90.4)	Of 863 participants with SL 756 will be missed.	Of 824 participants with SL 722 will be missed	Of 766 participants with SL 671 will be missed	Of 718 participants with SL 629 will be missed	Of 857 participants with SL 751 will be missed
Advanced serrated lesion	2 (7113)	Very low⁴	14 (8–24)	90 (89– 91)	Not calculable^				
Advanced precancerou s lesion	1 (805)	Low⁵	25.0 (16.0– 35.9)	88.8 (86.3– 91.0)	Not calculable^				
iFOBT 20									
Colorectal cancer (CRC)	11 (1082528)	Moderate <sup>6</sup>	84 (82– 86)	95 (94– 96)	Of 17 participants with CRC, 3 will be missed. Of those without CRC, 499 will be offered colonoscopy	Of 24 participants with CRC, 4 will be missed. Of those without CRC, 499 will be offered colonoscopy	Of 34 participants with CRC, 5 will be missed. Of those without CRC, 498 will be offered colonoscopy	Of 137 participants with CRC, 22 will be missed. Of those without CRC, 493 will be offered colonoscopy	Of 328 participants with CRC, 52 will be missed. Of those without CRC, 484 will be offered colonoscopy
Advanced adenoma (AA)	4 (11773)	Low <sup>2</sup>	24 (18– 32)	96 (95– 96)	Of 99 participants with AA 75 will be missed. Of those without AA, 396 will be offered a colonoscopy	Of 189 participants with AA 144 will be missed. Of those without AA, 392 will be offered a colonoscopy	Of 328 participants with AA 249 will be missed. Of those without AA, 387 will be offered a colonoscopy	Of 1137 participants with AA 864 will be missed. Of those without AA, 355 will be offered a colonoscopy	Of 1979 participants with AA 1504 will be missed. Of those without AA, 321 will be offered a colonoscopy
Serrated lesion (SL)**	3 (8556)	Low <sup>2</sup>	5 (3–9)	95 (94– 97)	Of 863 participants with SL 820 will be missed.	Of 824 participants with SL 783 will be missed	Of 766 participants with SL 728 will be missed	Of 718 participants with SL 682 will be missed	Of 857 participants with SL 814 will be missed
Advanced serrated lesion	3 (9030)	Very low <sup>7</sup>	8 (4–15)	96 (95– 97)	Not calculable^				
Advanced precancerou s lesion	2 (4995)	Low <sup>2</sup>	19 (16– 23)	95 (95– 96)	Not calculabl	e^			
Mt-sDNA + h	aemoglobin te	est							
Colorectal cancer (CRC)	1 (2240) Score 165	Very low <sup>1</sup>	90.5 (77.4– 97.3)	88.5 (87.1– 89.8)	Of 17 participants with CRC, 2 will be missed. Of those without CRC, 1148 will be offered colonoscopy	Of 24 participants with CRC, 2 will be missed. Of those without CRC, 1147 will be offered colonoscopy	Of 34 participants with CRC, 3 will be missed. Of those without CRC, 1146 will be offered colonoscopy	Of 137 participants with CRC, 13 will be missed. Of those without CRC, 1134 will be offered colonoscopy	Of 328 participants with CRC, 31 will be missed. Of those without CRC, 1112 will be offered colonoscopy
	1 (1014) Score 183		85.7 (42.1– 99.6)	84.9 (82.5– 87.1)	Of 17 participants with CRC, 2 will be missed. Of those without CRC, 1507 will be	Of 24 participants with CRC, 3 will be missed. Of those without CRC, 1506 will be	Of 34 participants with CRC, 5 will be missed. Of those without CRC, 1505 will be	Of 137 participants with CRC, 20 will be missed. Of those without CRC, 1489 will be	Of 328 participants with CRC, 47 will be missed. Of those without CRC, 1460 will be

					offered colonoscopy	offered colonoscopy	offered colonoscopy	offered colonoscopy	offered colonoscopy	
Advanced adenoma (AA)	1 (980) Score 183	Very low <sup>8</sup>	47.8 (37.3– 58.5)	89.1 (86.8– 91.1)	Of 99 participants with AA 52 will be missed. Of those without AA, 1079 will be offered a colonoscopy	Of 189 participants with AA 99 will be missed. Of those without AA, 1069 will be offered a colonoscopy	Of 328 participants with AA 171 will be missed. Of those without AA, 1054 will be offered a colonoscopy	Of 1137 participants with AA 594 will be missed. Of those without AA, 966 will be offered a colonoscopy	Of 1979 participants with AA 1033 will be missed. Of those without AA, 874 will be offered a colonoscopy	
Serrated lesion	NR									
Advanced serrated lesion	1 (1917) Score 165	Very low <sup>4</sup>	9.5 (1.2– 30.4)	91.0 (89.7– 92.3)	Not calculable^					
	1 (915) Score 183		40.7 (22.4– 61.2)	89.1 (86.8– 91.1)	Not calculable^					
Advanced precancerou s lesion	1 (2198) Score 165	Very low <sup>9</sup>	27.2 (22.2– 32.5)	91.0 (89.7– 92.3)	Not calculable^					
	1 (816) Score 183		32.7 (19.9– 47.5)	95.2 (93.4– 96.6)	Not calculable^					
Stool 2 gene	e DNA test									
Colorectal cancer (CRC)	1 (2240) Score 297	Moderate <sup>1</sup>	92.9 (80.5– 98.5)	88.1 (86.7– 89.4)	Of 17 participants with CRC, 1 will be missed. Of those without CRC, 1188 will be offered colonoscopy	Of 24 participants with CRC, 2 will be missed. Of those without CRC, 1187 will be offered colonoscopy	Of 34 participants with CRC, 2 will be missed. Of those without CRC, 1186 will be offered colonoscopy	Of 137 participants with CRC, 10 will be missed. Of those without CRC, 1174 will be offered colonoscopy	Of 328 participants with CRC, 23 will be missed. Of those without CRC, 1151 will be offered colonoscopy	
Advanced adenoma (AA)	NR									
Serrated lesion (SL)	NR									
Advanced serrated lesion	1 (1917) Score 297	Very low <sup>7</sup>	14.3 (3.0–36.3)	91.8 (90.5– 93.0)	Not calculab	e^				
Advanced precancerou s lesion	1 (2198) Score 297	Low <sup>2</sup>	35.1 (29.7– 40.8)	91.8 (90.5– 93.0)	Not calculable^					
CI = confidence in	terval: iFOBT = im	munochemical fa	ecal occult bloo	d test: NR = no	t reported					

\* N = 10,000 and assuming 100% underwent screening

\*\* Implications based on based on specificity is numbers with serrated lesion offered colonoscopy not calculated as sensitivity so low

^ do not have prevalence estimates of advanced serrated lesions or advanced precancerous lesions for Australian populations <sup>1</sup> High or unclear risk of bias due to loss to follow-up; imprecision as < 100 events; publication bias likely</p>

 $^2$  Unclear risk of bias due to loss to follow-up; imprecision as sensitivity estimates < 50%  $^3$  Unclear risk of bias due to loss to follow-up; imprecision as < 100 events

<sup>4</sup> Unclear risk of bias due to loss to follow-up; indirectness as analysis population of at least 50% of studies excluded advanced adenomas as well as CRCs; imprecision as <

100 events; publication bias likely <sup>5</sup> Imprecision as < 100 events; publication bias likely

 <sup>6</sup> High or unclear risk of bias due to loss to follow-up
 <sup>7</sup> Unclear risk of bias due to loss to follow-up; indirectness as analysis population of at least 50% of studies excluded advanced adenomas as well as CRCs; imprecision as <</li> 100 events

<sup>8</sup> Unclear risk of bias due to loss to follow-up; imprecision as < 100 events; publication bias likely <sup>9</sup> Unclear risk of bias due to loss to follow-up; imprecision as sensitivity estimates < 50%; publication bias likely</p>

<sup>10</sup> Imprecision as < 100 events <sup>a</sup> Estimated prevalence in Australian unscreened population of aged 40 years in 2019; CRC 1.7/1000; AA 9.9/1000; sessile serrated lesions 86.3/1000 <sup>b</sup> Estimated prevalence in Australian unscreened population of aged 45 years in 2019; CRC 2.4/1000; AA 18.9/1000; sessile serrated lesions 82.4/1000

<sup>c</sup> Estimated prevalence in Australian eligible screening population of aged 74 years in 2019; CRC 3.4/1000; AA 32.8/1000; sessile serrated lesions 76.6/1000 <sup>d</sup> Estimated prevalence in Australian eligible screening population of aged 74 years in 2019; CRC 13.7/1000; AA 113.7/1000; sessile serrated lesions 71.8/1000 <sup>e</sup> Estimated prevalence in Australian eligible screening population of aged 80 years in 2019; CRC 32.8/1000; AA 197.9/1000; sessile serrated lesions 85.7/1000

Table B. Summary of findings for diagnostic accuracy for the detection of colorectal cancer by iFOBT using a threshold of 20µg Haemoglobin/g faeces (IFOBT 20) by sex, age and screen

Outcome	Sex	Age	Screen	Studies (Participants)	Certainty of the evidence (GRADE)	Sensitivity (%, 95% CI)	Specificity (%, 95% CI)			
iFOBT 20	iFOBT 20									
Colorectal cancer	Male	50–74 years	NR	1 (245520)	Moderate <sup>1</sup>	86.4 (84.5– 88.1)	92.4 (92.3–92.5)			
	Female	50–74 years	NR	1 (286308)	Moderate <sup>1</sup>	75.8 (73.2– 78.4)	94.8 (94.7–94.9)			
	Male	< 50 years	NR	1 (15218)	Low <sup>2</sup>	75.0 (19.4–99.4)	97.2 (97.0–97.5)			
	Male	≥ 50 years	NR	1 (2018)	Low <sup>2</sup>	87.5 (47.3–99.7)	95.5 (94.5–96.3)			
	Male + female	50–70 years	First	1 (319425)	Moderate <sup>1</sup>	84.5 (81.5– 87.2)	96.4 (96.3–96.4)			
	Male + female	50–70 years	Second	1 (182592)	Moderate <sup>1</sup>	75.4 (68.7– 81.3)	96.9 (96.8–97.0)			

CI = confidence interval; iFOBT = immunochemical faecal occult blood test; NR = not reported <sup>1</sup> High or unclear risk of bias due to loss to follow-up <sup>2</sup> High or unclear risk of bias due to loss to follow-up; imprecision as < 100 CRCs

Table C. Summary of findings for studies comparing diagnostic accuracy for the detection of colorectal cancer by different tests in the same population

Outcome (events)	Study (Participants)	Certainty of the evidence (GRADE)	Index test	Sensitivity (%, 95% CI)	Specificity (%, 95% Cl)				
iFOBT 10 vs iFOBT 20 vs mt-sDNA + haemoglobin test									
Colorectal cancer (7)	Bosch 2019 (1014)	Very low <sup>1</sup>	IFOBT 10	100 (59.0–100)	90.9 (88.9–92.6)				
			iFOBT 20	85.7 (42.199.6)	94.8 (93.3–96.1)				
			mt-sDNA score 183	85.7 (42.1–99.6)	84.9 (82.5–87.1)				
iFOBT 20 vs m	t-sDNA + haemoglobi	n test vs stool 2 gene	DNA						
Colorectal cancer (42)	Jin 2022 (2240)	Moderate <sup>2</sup>	iFOBT 20	81.0 (65.9–91.4)	94.7 (93.7–95.6)				
(			mt-sDNA score 165	90.5 (77.4–97.3)	88.5 (87.1–89.8)				
			Stool DNA test 2	92.9 (80.5–98.5)	88.1 (86.7–89.4)				
CI = confidence interv of 20µg Haemoglobin/ <sup>1</sup> Unclear risk of bias of <sup>2</sup> Imprecision as < 100	al; iFOBT = immunochemical fi 'g faeces; mt-sDNA = multi-targ tue to loss to follow-up; imprec 0 CRCs	aecal occult blood test; iFOBT get stool DNA; NR = not repor ision as < 100 events; Publica	10 = iFOBT with threshold of ted tion bias likely	i 10μg Haemoglobin/g faeces	s; iFOBT 20 = iFOBT with threshold				

## **Evidence sources**

Aniwan S, Ratanachu Ek T, Pongprasobchai S, Limsrivilai J, Praisontarangkul OA, Pisespongsa P, et al. The Optimal Cut-Off Level of The Fecal Immunochemical Test For Colorectal Cancer Screening in a Country with Limited Colonoscopy Resources: A Multi-Center Study from Thailand. Asian Pacific journal of cancer prevention: APJCP. 2017;18(2):405-12.

Bosch LJW, Melotte V, Mongera S, Daenen KLJ, Coupe VMH, Van Turenhout ST, et al. Multitarget stool DNA test performance in an average-risk colorectal cancer screening population. American Journal of Gastroenterology. 2019;114(12):1909-18.

Brenner H, Qian J, Werner S. Variation of diagnostic performance of fecal immunochemical testing for hemoglobin by sex and age: results from a large screening cohort. Clinical epidemiology. 2018;10:381-9.

Bretagne JF, Carlo A, Piette C, Rousseau C, Cosson M, Lievre A. Significant decrease in interval colorectal cancer incidence after implementing immunochemical testing in a multiple-round guaiac-based screening programme. British Journal of Cancer. 2021;125(11):1494-502.

Burón A, Macià F, Andreu M, Pellisé M, Castells X, Grau J. Population-based colorectal cancer screening: Interval cancers and relationship with the quantitative faecal immunological for hemoglobin. Medicina clinica. 2019;152(8):303-6.

Chang LC, Shun CT, Hsu WF, Tu CH, Tsai PY, Lin BR, et al. Fecal Immunochemical Test Detects Sessile Serrated Adenomas and Polyps With a Low Level of Sensitivity. Clinical gastroenterology and hepatology : the official clinical practice journal of the American Gastroenterological Association. 2017;15(6):872-9.e1.

Cheng WC, Chen PJ, Kang JW, Chen WY, Sheu BS. Age, male sex, smoking and metabolic syndrome as risk factors of advanced colorectal neoplasia for fecal immunochemical test negative patients. Journal of the Formosan Medical Association = Taiwan yi zhi. 2022;121(1 Pt 2):402-8.

Chiu HM, Ching JY, Wu KC, Rerknimitr R, Li J, Wu DC, et al. A Risk-Scoring System Combined With a Fecal Immunochemical Test Is Effective in Screening High-Risk Subjects for Early Colonoscopy to Detect Advanced Colorectal Neoplasms. Gastroenterology. 2016;150(3):617-25.e3.

Digby J, Fraser CG, Carey FA, Lang J, Stanners G, Steele RJ. Interval cancers using a quantitative faecal immunochemical test (FIT) for haemoglobin when colonoscopy capacity is limited. Journal of medical screening. 2016;23(3):130-4.

Imperiale TF, Kisiel JB, Itzkowitz SH, Scheu B, Duimstra EK, Statz S, et al. Specificity of the Multi-Target Stool DNA Test for Colorectal Cancer Screening in Average-Risk 45-49 Year-Olds: A Cross-Sectional Study. Cancer prevention research (Philadelphia, Pa). 2021;14(4):489-96.

Jensen CD, Corley DA, Quinn VP, Doubeni CA, Zauber AG, Lee JK, et al. Fecal Immunochemical Test Program Performance Over 4 Rounds of Annual Screening: A Retrospective Cohort Study. Annals of internal medicine. 2016;164(7):456-63. Jin P, You P, Fang J, Kang Q, Gu F, Cai Y, et al. Comparison of Performance of Two Stool DNA Tests and a Fecal Immunochemical Test in Detecting Colorectal Neoplasm: A Multicenter Diagnostic Study. Cancer Epidemiology Biomarkers and Prevention. 2022;31(3):654-61.

Kim NH, Lee MY, Park JH, Park DI, Sohn CI, Choi K, et al. A Combination of Fecal Immunochemical Test Results and Iron Deficiency Anemia for Detection of Advanced Colorectal Neoplasia in Asymptomatic Men. Yonsei medical journal. 2017;58(5):910-7.

Njor SH, Rasmussen M, Friis-Hansen L, Andersen B. Varying fecal immunochemical test screening cutoffs by age and gender: a way to increase detection rates and reduce the number of colonoscopies. Gastrointestinal Endoscopy. 2022;95(3):540-9.

Ribbing Wilén H, Blom J, Höijer J, Andersson G, Löwbeer C, Hultcrantz R. Fecal immunochemical test in cancer screening - colonoscopy outcome in FIT positives and negatives. Scandinavian journal of gastroenterology. 2019;54(3):303-10.

Ribbing Wilén H, Saraste D, Blom J. Interval cancers in a population-based screening program for colorectal cancer with gender-specific cut-off levels for fecal immunochemical test. Journal of medical screening. 2022;29(3):156-65.

Shapiro JA, Bobo JK, Church TR, Rex DK, Chovnick G, Thompson TD, et al. A Comparison of Fecal Immunochemical and High-Sensitivity Guaiac Tests for Colorectal Cancer Screening. The American journal of gastroenterology. 2017;112(11):1728-35.

Zorzi M, Hassan C, Capodaglio G, Narne E, Turrin A, Baracco M, et al. Divergent Long-Term Detection Rates of Proximal and Distal Advanced Neoplasia in Fecal Immunochemical Test Screening Programs: A Retrospective Cohort Study. Annals of internal medicine. 2018;169(9):602-9.