



Cancer
Council
NT

Our Year 2022 - 2023

PREVENTION. SUPPORT. ADVOCACY

Rodney Hearne – Senior Administration Fundraising

- ❖ Rodney Joined CCNT in early 2022 as a volunteer with the T2T program and was a T2T driver for 12 months.
- ❖ Then joined as a full-time staff member in mid-2023. Rodney coordinates our annual events including Daffodil Day and ABMT and our fundraising campaigns.
- ❖ Rodney has over 20 years' experience as a sales representative.



Linda Cherop – Health Promotion Officer

- ❖ Joined as our health promotion officer in June 2023
- ❖ Qualifications include Masters in Analytical chemistry with computing in Kenya and Masters in public health from Torrens university in South Australia.
- ❖ Previously worked as service coordinator, capacity building officer in the Department of Human Services and volunteered with beyond blue.
- ❖ Linda now manages the SunSmart Program for schools and early learning centres, UV safety for workplaces and bowel cancer screening awareness training.



Casey Fraser – Oncology Nurse Alice Springs

- ❖ Casey joined CCNT in September 2023. Having completed a Master of Nursing Science at the University of Melbourne in 2019, she has spent the last 4 years delivering comprehensive cancer care to patients at the Peter MacCallum Cancer Centre in Melbourne.
- ❖ After completing the Graduate Certificate in Cancer Nursing in 2022, she then made the move to the Northern Territory.
- ❖ As part of Cancer Council NT's funded hospital nursing positions: Casey is working between the Alice Springs Hospital Oncology Unit and the Cancer Council's Alice Springs office as a Cancer Support Nurse.
- ❖ Casey is passionate about providing patient-centred supportive care to those effected by Cancer.'



SUPPORT SERVICES.

Providing support to Territorians affected by cancer.

Our Reach in 2022-2023

556 cancer support episodes (nurse / patient interactions)

10 people attended cancer information sessions

60 clients supported with bra/breast prosthesis fitting

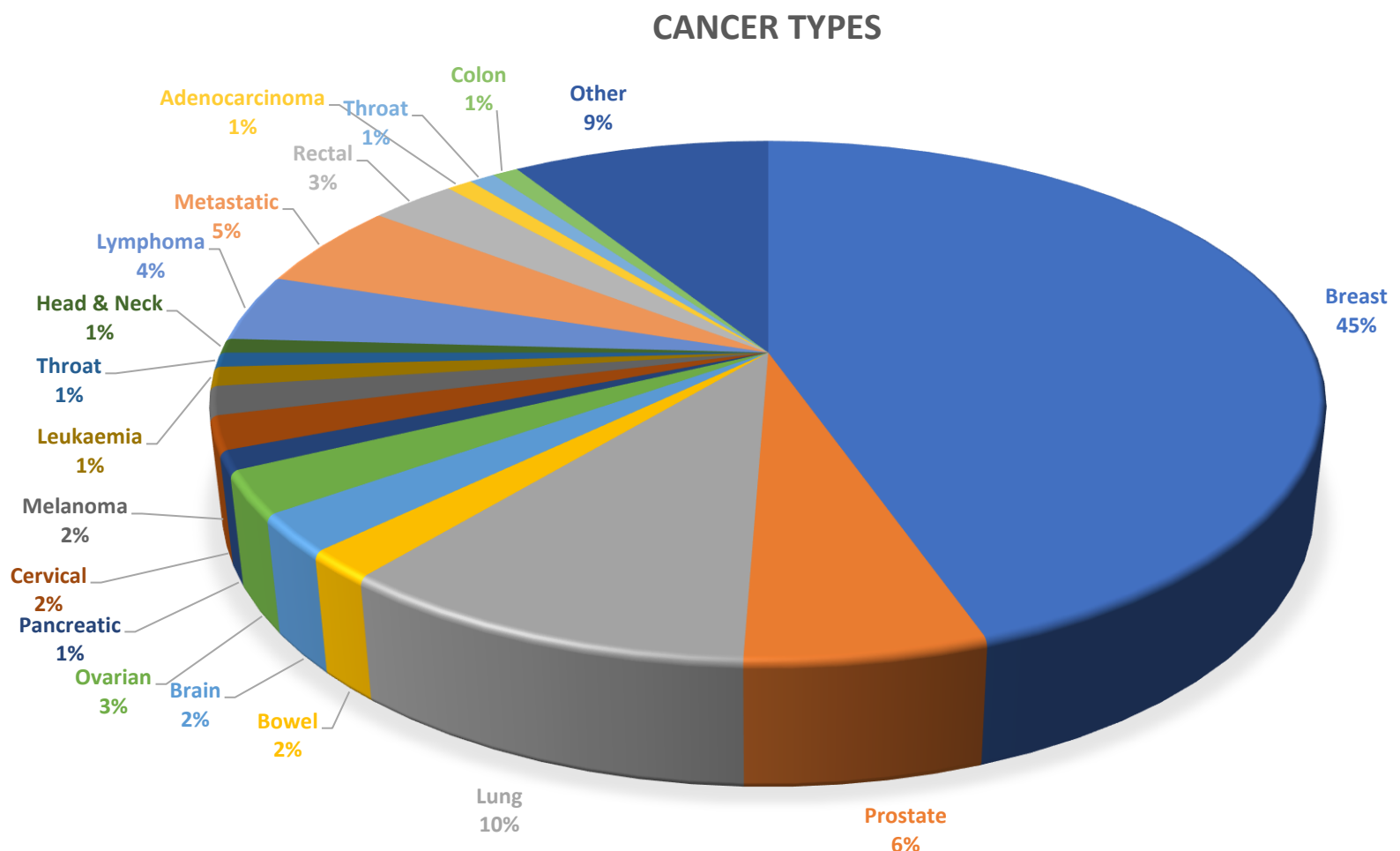
54 clients and families attended cancer support groups (Katherine and Darwin)

26 clients accessed financial assistance

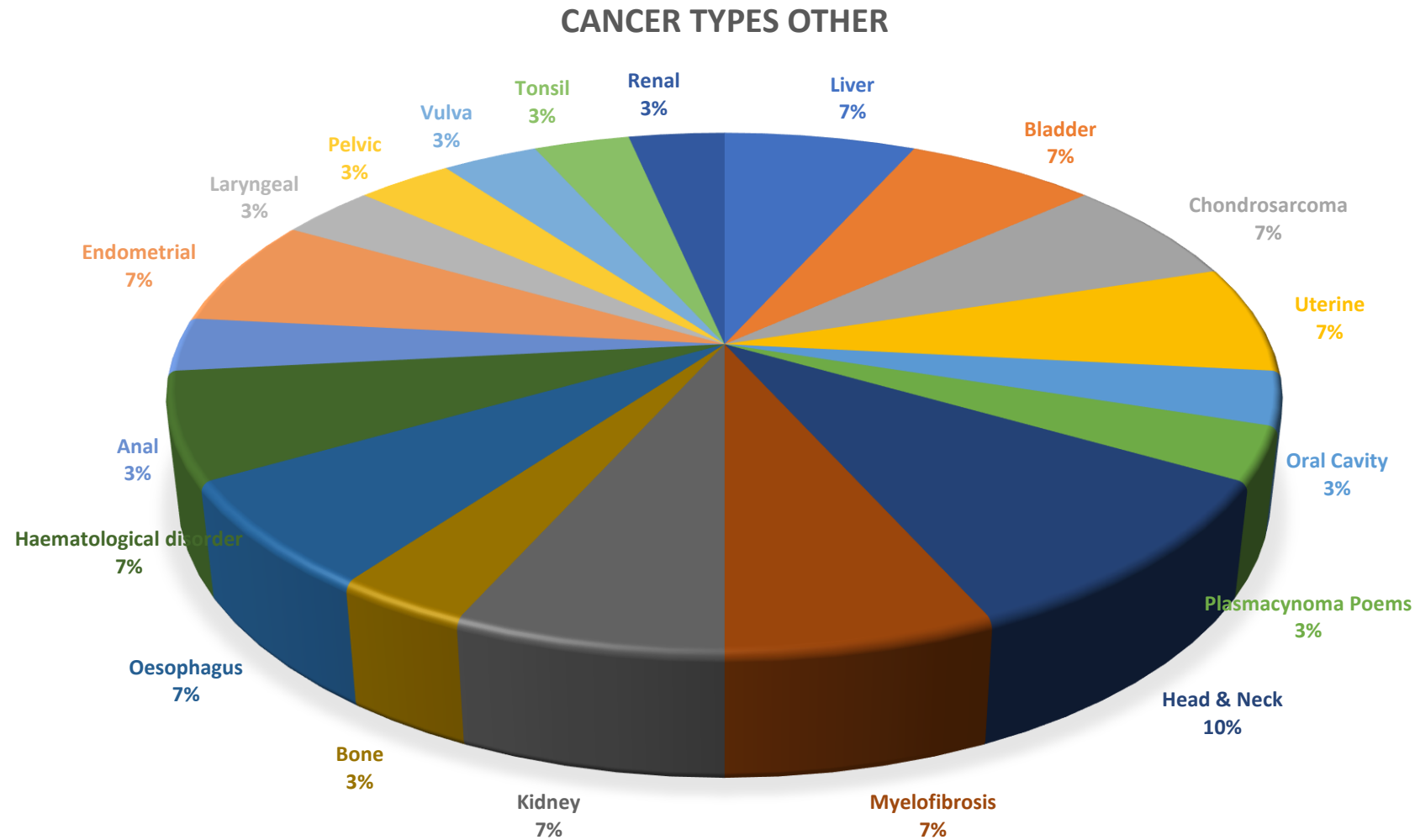
33 clients provided with wigs

15 clients assisted with Telstra Bill Assistance Program

The Impact we made in 2022/2023



The Impact we made in 2022/2023



Transport to Treatment

104 Patients

Total 602 Trips

1,415 Hours

44,620km's



Ostomy

228 Clients

7,362 Medical
Supplies

51 New Ostomy
members

Cancer Council NT is the only Ostomy supplier in the Northern Territory and the only Cancer Council in Australia to provide an Ostomy service.

- *Give out **550 to 700** Ostomy medical supplies every month*

Support Services- Survivorship Program

Participants: Survivorship Program is for all clients from diagnosis, during treatment and into remission and recovery.

Aim: To expand and support Territorians through the post treatment (primary) programs and active treatment phases of their cancer journey.

The programs will look to:

- **Improve the physical and mental state** of individuals during or post their active cancer treatment
- **Improve side effects** from active treatment including fatigue; muscle tone; strength; diet; emotional well-being; lymphoedema.
- **Supply extra support** to individuals in the NT throughout their journey as a cancer survivor.

Our Patient Survivorship Program

AIM: To expand and support Territorians through the post treatment (primary program) and active treatment phase of their cancer journey.

- ❖ **Comprising three sub-programs**—'Let's Eat', 'Let's Move', and 'Let's Create'—this initiative not only promotes physical well-being but also nurtures mental and emotional health, creating a comprehensive path towards a thriving survivorship.
- ❖ **Let's Eat:** one of the fundamental pillars of the Cancer Survivorship Program is 'Let's Eat'. This sub-program focuses on providing survivors with the knowledge needed to make informed, healthy dietary choices. Nutritionists and culinary experts collaborate to create tailored meal plans that cater to the unique needs of each survivor.
- ❖ **Let's Move:** physical activity is a cornerstone of post-cancer recovery. This sub-program is dedicated to helping survivors regain physical strength and flexibility. This sub-program offers a range of fitness options, from gentle yoga sessions to personalised exercise routines designed by experienced trainers and exercise physiologists.
- ❖ **Let's Create:** survivorship is not only about physical healing but also about nurturing mental and emotional well-being. This sub-program involves art therapy, musical workshops, and creative writing classes to provide survivors with a creative outlet to process their experiences, express their emotions, and discover newfound talents and hobbies. This subgroup will also include a 'look good feel better style initiative.

This is the 'fun stuff'.

Survivorship Program

The CCNT nurse lead will ascertain the needs and agreed outcomes for participants and their carers. Identified participants will be referred to relevant accredited providers and support groups & will be monitored throughout the program by the CCNT nurse lead.

There will be continuous evaluation and assessment of the benefits of the survivorship program through:

1. Weekly or monthly feedback meetings with participants and carers.
2. Participant and Instructor surveys.
3. Monthly meetings with providers of the various services, to evaluate effectiveness and uptake / attendance of program.



LET'S CREATE

CCNT Survivorship Program

Join our Let's create program and have some fun whilst learning about yourself and your talents through creative classes. A program for all cancer survivors and carers.

Art classes, music classes and other creative classes.

Join anytime whilst the program is running.



VARIOUS VENUES

ALL BUDDING
ARTISTS /
MUSICIANS!

TRY OUT ALL OF ONE
OF OUR SESSIONS

JOIN THE CLASSES
THAT APPEAL

FOR LET'S CREATE
TIMETABLE
CONTACT CCNT
89441800

CANCER COUNCIL NT
(CCNT)

Unit 2, 25 Vanderlin Drive
Wanguri NT 0810
PO Box 42719
Casuarina NT0811

www.nt.cancer.org.au



LET'S EAT

CCNT Survivorship Program

Join our Let's eat program and have some fun whilst learning about healthy eating. A program for all cancer survivors and carers.

Cooking classes, nutrition and dietary advice. No appetite, too much appetite, taste changes let's address it all. Join anytime whilst the program is running.



VARIOUS VENUES

ALL APPETITES!

TRY OUT OUR
COOKERY SESSIONS

JOIN THE CLASSES
THAT APPEAL

FOR LET'S EAT
TIMETABLE
CONTACT CCNT
89441800

CANCER COUNCIL NT
(CCNT)

Unit 2, 25 Vanderlin Drive
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PO Box 42719
Casuarina NT0811

www.nt.cancer.org.au



LET'S MOVE

CCNT Survivorship Program

Join our Let's move program and have some fun whilst improving fitness. A program for all cancer survivors and carers.

Guided exercise classes, Pilates, Tai Chi, dance, yoga, walking and group aqua exercise class. No matter your level of fitness we got you covered!

Join anytime whilst the program is running.



VARIOUS VENUES

ALL LEVELS OF
FITNESS

TRY OUT ONE OR
ALL EXERCISE
SESSIONS

JOIN THE CLASSES
THAT APPEAL

FOR LET'S MOVE
TIMETABLE
CONTACT CCNT
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Our Regional Nursing services

Katherine:

- One full-time Oncology Nurse – Katherine Hospital Oncology unit.

Alice Springs:

- One full-time Oncology Nurse – Alice Springs Hospital Oncology unit.

These positions are joint funded via a Memorandum of Understanding with both Hospitals that provides a full-time employee with 75% funding from Cancer Council NT.

As these positions are housed within the Hospital Oncology wards (50% of the time) they are automatically aware of any cancer patient from the point of diagnosis. They will also assist to deliver the SunSmart program and Tobacco / Vaping education in schools in collaboration with Cancer Council Prevention Officers.

A joint partnership with Department of Health - NT Hospital Network.



Our Regional - Indigenous Cancer Unit

Katherine:

- One .5 Aboriginal Health Worker – Sunrise Health Service

Alice Springs:

- One .5 Aboriginal Health Worker – Central Australian Aboriginal Congress

The AHW model mirrors that of the remote nursing in Alice Springs and Katherine. It was intended that the AHW's be placed in Aboriginal Medical Services however this has proven difficult to implement with long delays experienced in engaging the services concerned. The issue appears to be that this model requires joint funding with the AMS however as the funding does not fully cover the cost of the AHW, AMS are less willing to engage. Cancer Council will engage with both AMS and local hospitals to fast-track implementation of this AHW model in 2023/2024.

With these positions housed within either AMS or Hospital they will be automatically aware of any Aboriginal patient with a cancer diagnosis. Patients support will then transfer from these remote positions to our Cancer Council NT nurses when the patient is receiving treatment at Alan Walker in Darwin. The patient would then be handed back to the Aboriginal Health Worker once they transfer back to Katherine, Alice Springs or remote community.

These staff will also assist to deliver the SunSmart program and Tobacco / Vaping education in schools in collaboration with Cancer Council Prevention Officers.

*Grant funding received from Cancer Australia (Federal Government)
with additional funding from Cancer Council NT.*



PREVENTION.

One in three cancer cases can be prevented through healthy lifestyle.

Smoking and Vaping Education (SVEP)



8 schools



28 sessions



1024 young adults



5 organizations

Smoking and Vaping Education Program (SVEP)

- The SVEP program aims at supporting young adults in understanding :
 - The history of smoking in Australia.
 - Deconstructing the marketing strategies.
 - How young adults are targeted by the tobacco industry.
 - Chemicals found in cigarettes, e-cigarettes and Roll-Your-Own Cigarettes.
 - Health effects of smoking and vaping.
 - Quit techniques.



Cancer Council NT partnered with NT Government - Vaping Media Campaign

- CCNT in collaboration with the Northern Territory Department of Health has launched the vaping campaign in radio and social media.
- This is a 12-month initiative to educate the general public on the dangers of vaping.
- Minister for Health and Cancer Council CEO – press conference to launch the campaign on 18 July.

The infographic is a 2x3 grid of panels on a yellow background. Each panel contains an illustration at the top and text below. The top row panels are: 1. A yellow and black vape pen labeled 'NICOTINE'. Text: 'Many vapes contain nicotine making them **very addictive**'. 2. A yellow and black vape pen labeled 'FRUITY' with a fruit icon above it. Text: 'The nicotine in 1 vape can = **50** cigarettes'. 3. A simple black and white vape pen with wavy lines above it. Text: 'Young people who vape are **3 times** as likely to take up smoking'. The bottom row panels are: 4. An illustration of human lungs. Text: 'Vaping has been linked to **serious lung disease**'. 5. A skull and crossbones symbol. Text: 'Vapes can contain the same **harmful chemicals** found in cleaning products, nail polish remover, weed killer and bug spray'. 6. Two vape pens, one purple and one green. Text: 'Vapes come in a variety of designs and styles and can be **easy to conceal**'. At the bottom left is a QR code. At the bottom center is text: 'Do you know what they're vaping? Get the evidence* and facts at nt.gov.au/vaping'. Below that is a small asterisked note: '*All statements are backed by evidence which can be found on the website'. At the bottom right are the logos for Cancer Council NT and Northern Territory Government.



Do you know what they're vaping?
Get the evidence* and facts at nt.gov.au/vaping

*All statements are backed by evidence which can be found on the website

NT Health gratefully acknowledges NSW Health as the authors and owners of the 'Do you know what you're vaping?' campaign.



Cervical Cancer Screening Program

Cancer Council NT (CCNT) partnered with Wurli Wurlijang (ACCHO) and Family Planning NT and undertook a Cervical Cancer Screening Clinic in June 2023.

The objectives of the CCNT pilot program were to:

- Improve the capacity of the ACCHOs and other private clinics to provide cervical screening.
- Improve the capacity of the ACCHOs and other private clinics by encouraging them to invest in cervical screening health workforce training.
- Reduce the backlog in cervical cancer screening in Katherine region.
- Provide information on the importance of cervical screening, the procedure of cervical cancer screening tests, and the ease of self-collection to clients attending the clinic.

**Cervical Screening Week
(19th - 23rd June)**



Are you;

- A woman or person with a cervix.
- Aged between 25 and 74
- Have had any type of sexual contact



Book your Cervical Screening Test with the following healthcare providers today;

- Wurli-Wurlijang Health Service- 89729100
- Katherine Hospital- 89441800

If you take your screening test this screening week, you can receive a \$50 Woolworths voucher!

Cervical Screening can stop cancer before it starts!

 Cancer Council NT

 NORTHERN TERRITORY GOVERNMENT

 WURLI-WURLIJANG

 Family Planning Welfare Association of NT Inc.

Snapshot.



17 participants in 2 days

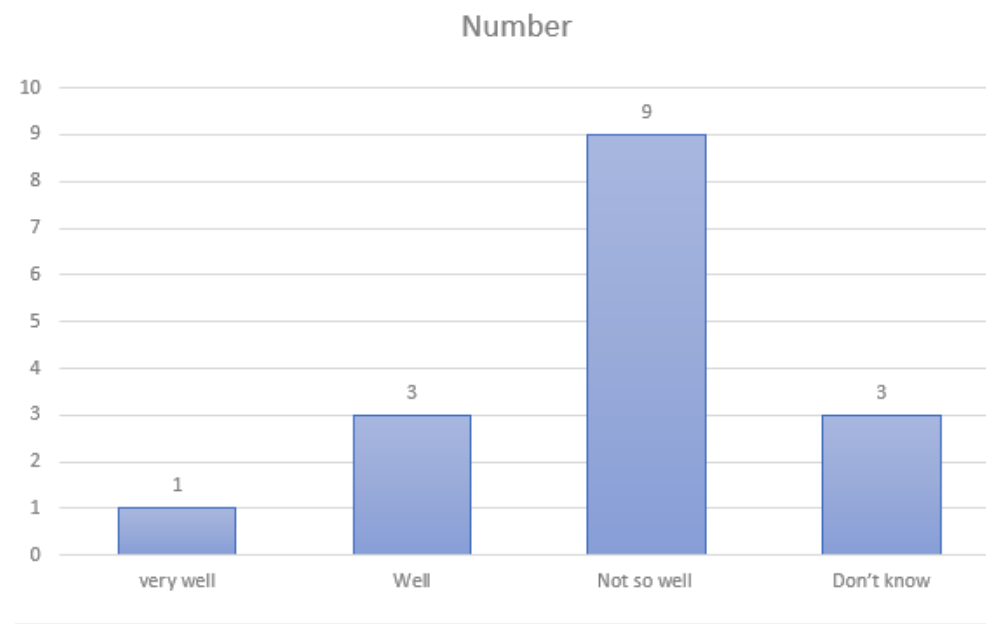
Participants



Non-transient-15;
transient 2

Demographics

Cervical cancer screening self-test awareness



GAP

Last 2 years – 7

Last 5 years – 7

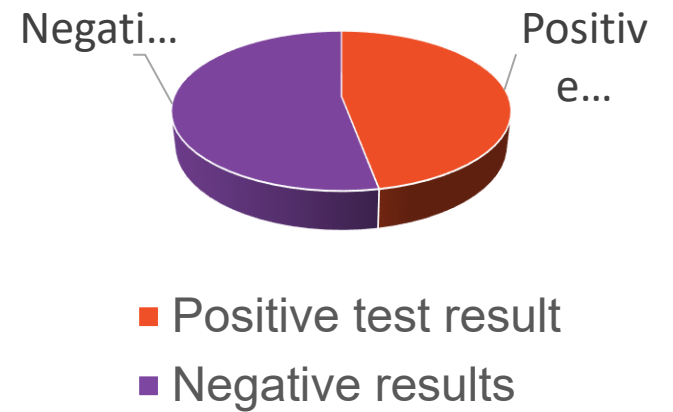
>7 years -3



25-45 : 12

46-65 : 4

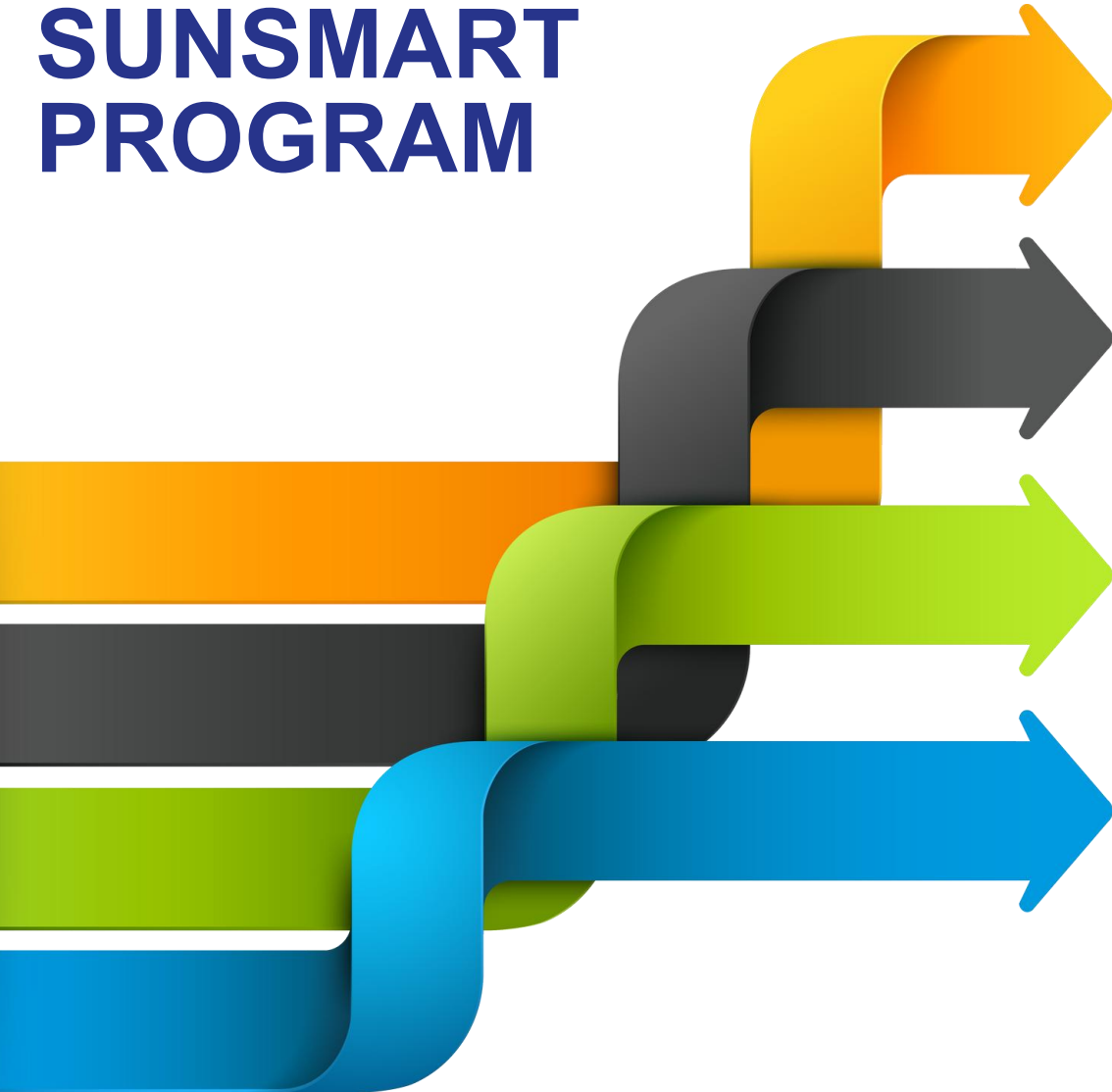
Above 65: 1



Negative test results: 9

Positive test results: 8

SUNSMART PROGRAM



Australia has one of the highest rates of melanoma in the world, making skin cancer prevention a high priority

It is estimated that a person has a 1 in 265 (or 0.38%) risk of dying from melanoma of the skin by the age of 85.

Skin cancer prevention and the importance of sun protection are the two key messages in our SunSmart program

SUNSMART HIGHLIGHTS 2023

Our SunSmart program has continued to help protect school-aged children from exposure to harmful UV radiation, reducing their risk of developing skin cancer later in life.

Currently, our SunSmart program reaches 14,241 children through our 105-member schools and early childhood centres.

Schools and ELC	Members	Students Population
Early Learning Centres	56	2,641
Primary Schools	39	10,175
Middle and High School	10	1,425
Total	105	14,241

BOWEL CANCER SCREENING TRAINING

Key Components of Bowel Cancer Screening Training

Bowel Cancer Awareness Workshops

Healthcare Provider Training

Indigenous Health Worker Training

Culturally Sensitive Training

Community Workshops and Information Sessions

Objectives of Bowel Cancer Screening Training

Increased Awareness

Enhanced Healthcare Practices

Raise Awareness

Community Engagement

Facilitate Informed Decision-Making



National Submissions

- TGA consultation on proposed reforms to the regulation of vapes.
- Consultation on the Public Health (Tobacco & Other Products) Legislation 2023.

SUBMISSIONS



FUNDRAISING.

All funds raised in the Territory, Stay in the Territory.

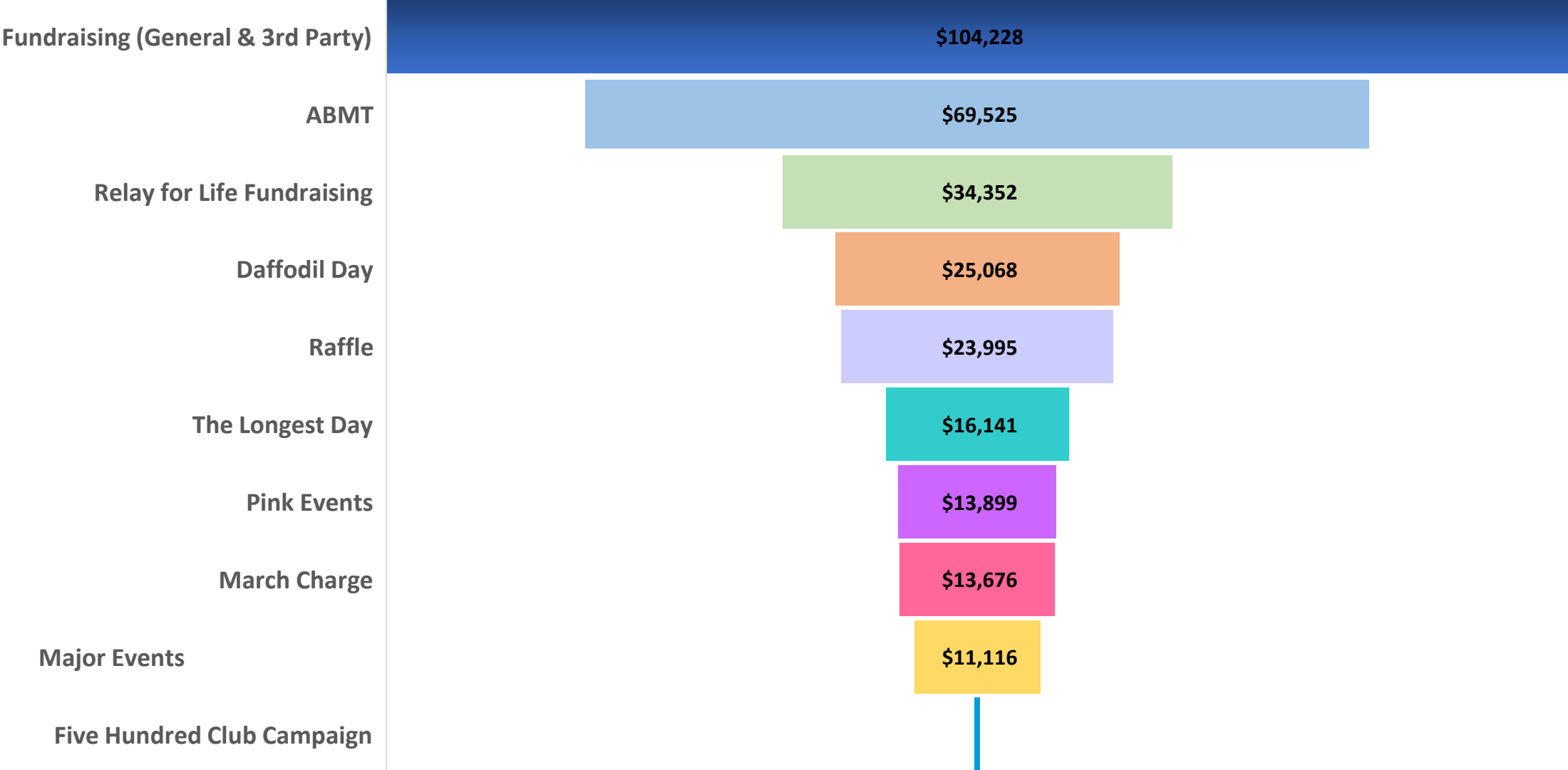
Events / Fundraising initiatives

2022/2023 year was extremely challenging from an events and fundraising perspective.

Some of which was due to it being extremely difficult to read the events landscape:

- ❖ *The public were not engaging with our events the way that they used to*
- ❖ *People were travelling away from NT*
- ❖ *People were not engaging in our events early and many were booking into our events very late (14 days prior).*
- ❖ *Where normally I could get a feel for business capacity – we were constantly falling short on business engagement with our fundraising – with many businesses blaming the Australian economic environment.*
- ❖ *We really struggled to recruit event staff who had sufficient skills and experience.*

Fundraising and Events



Corporate Donors & Volunteers

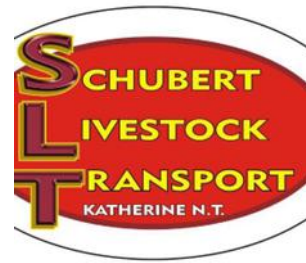
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Our Sponsors and Partners



UNDERGRADUATE COURSES	POSTGRADUATES COURSES
Batchelor of Nursing	Master of Nursing Practice
Batchelor of Paramedicine	
Batchelor of Social Work	Master of Social Work
Batchelor Public Health	Master of Public Health
Batchelor Health Science	
Batchelor Occupational Therapy	
Batchelor Psychology	Master of Psychology

Our 500 Club



Our 500 Club



BDMS
COMMUNITY SERVICES

Thrifty
CAR RENTAL®



**MINDIL
BEACH**
CASINO RESORT

Blackwoods



Unity Through Enterprise
The Arnhem Land Progress
Aboriginal Corporation



AUSTRALIAN
ART
CONSERVATION



**Vita
Gustafson**
& ASSOCIATES
Public Accountants & Registered Tax Agents



Into the future – 2022/2023

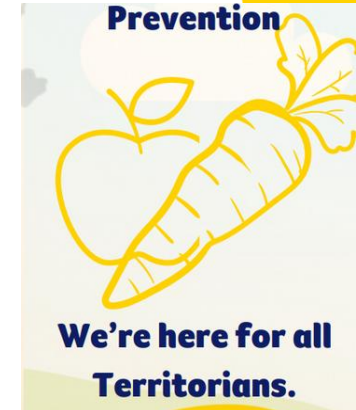
Vaping survey.

Main objectives:

- Prevalence of vaping among the middle school and high school kids in Northern Territory.
- Perception of vaping related harm.
- Type and flavour that is commonly used by the target group.
- Access to the product.
- Impact of promotions of the use of e-cigarettes.



Future programs



This program is aimed at promoting the physical wellbeing of man through education on most common cancers in men such as:

- Prostate cancer.
- Testicular cancer.
- Penile cancer.
- Breast cancer.
- Bowel cancer.
- Sun Safety.

- Tackling tobacco program: Cancer Council NSW will provide upskilling training and mentoring in the Tackling Tobacco program over the course of program delivery in the Northern Territory.

Alice Springs:

- Improve the capacity of GP clinics in cervical screening health workforce training.
- Reduce the backlog of cervical cancer screening.
- Provide information on self-collection test.

NT Wide:

- Bowel Cancer community awareness workshops
- Healthcare Provider Training
- Indigenous Health Worker Training

CCNT prevention team have developed a specific prevention pamphlet detailing the prevention programs offered at CCNT.

Remodelling of Fundraising division:

Considering the concerns of last year CEO has remodelled the Events Division:

- ❖ *Senior administrative staff member with sales experience. Event Consulting company (Aventure) to implement larger events for 2024. CEO has taken over business development initiatives.*
- ❖ *New Events booked for six months ahead:*
 - ❖ *Men's Long Lunch - 8 March 2024 (Hilton)*
 - ❖ *Australia's Biggest Morning Tea 26 May – (The Esplanade – in partnership Doubletree Hilton)*
 - ❖ *Daffodil Melbourne Cup lunch – 5 November 2024.*
 - ❖ *Pink Ladies Long Lunch – 4th October 2024 (Doubletree Hilton).*
 - ❖ *Relay for life transferred to June 2024 – seeking new venue (TIO Stadium)*
- ❖ *To Date:*
 - ❖ *2023 Daffodil Day and Pink Ladies Long Lunch successful.*
 - ❖ *Negotiating two-year agreement with E3 Productions for 2024 and 2025 (costings control).*
 - ❖ *Implementing agreements with Hilton for the Men's/ABMT/Pink 2024 events (costings control).*
 - ❖ *Staff received training in CCA Ticketing platform – so we can create our own ticketing websites.*
 - ❖ *CCNT Website changes and updates in process – stop website confusion.*

Darwin Office

The Jape Centre has:

- *Great capacity to expand staffing and services including training facilities, survivorship and living with cancer forums.*
- *Central location with great marketing and public promotion potential.*

Challenges:

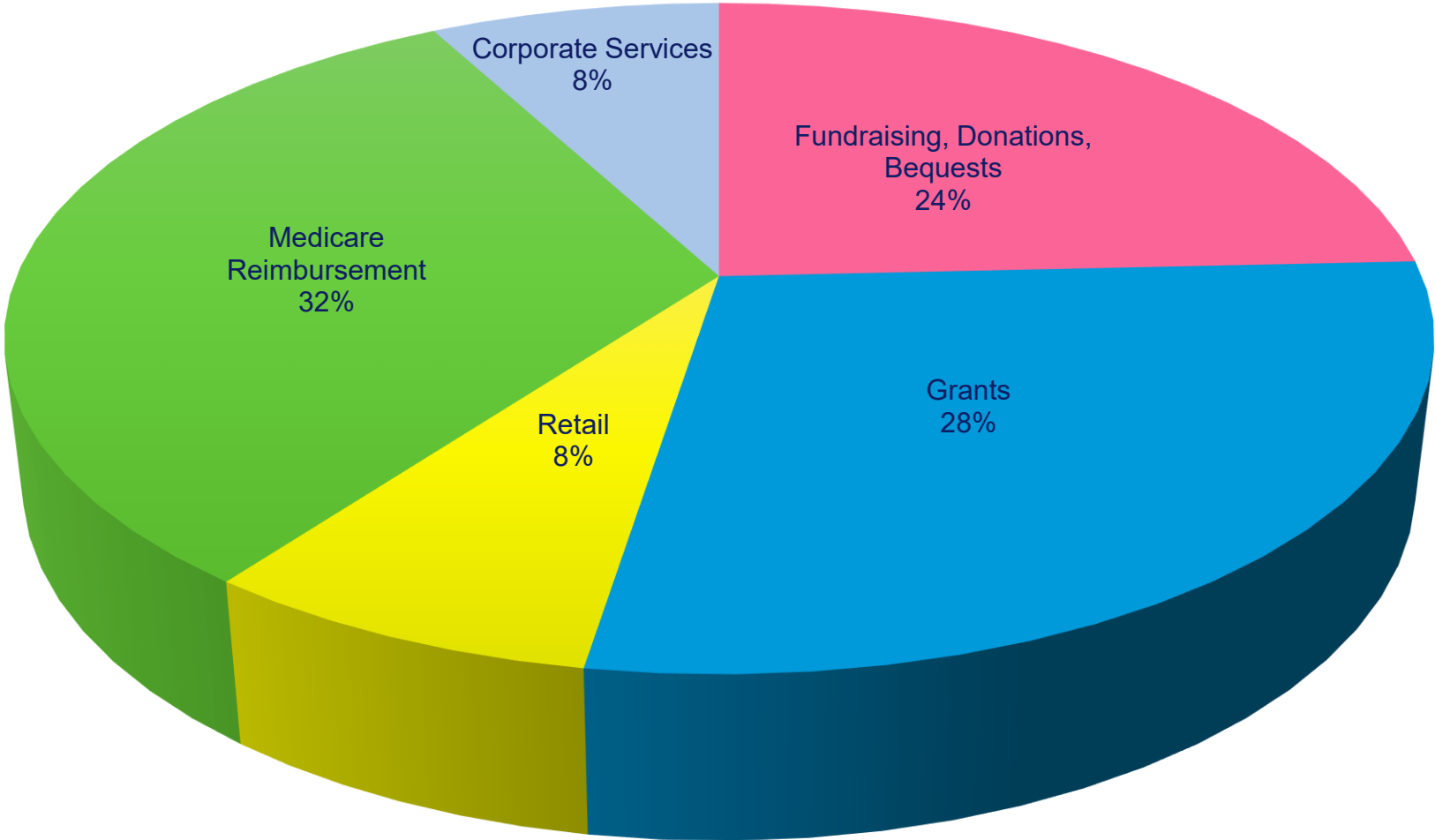
- *Initial infrastructure cost – exploring open plan layout.*
- *Cost of rental is to be offset by CDU Contract.*
- *Initial negotiations on including other Cancer charities has stalled as Leukemia Foundation, Canteen and Camp Quality do not intend returning to the NT since Covid.*



Finances

All funds raised in the Territory, Stay in the Territory.

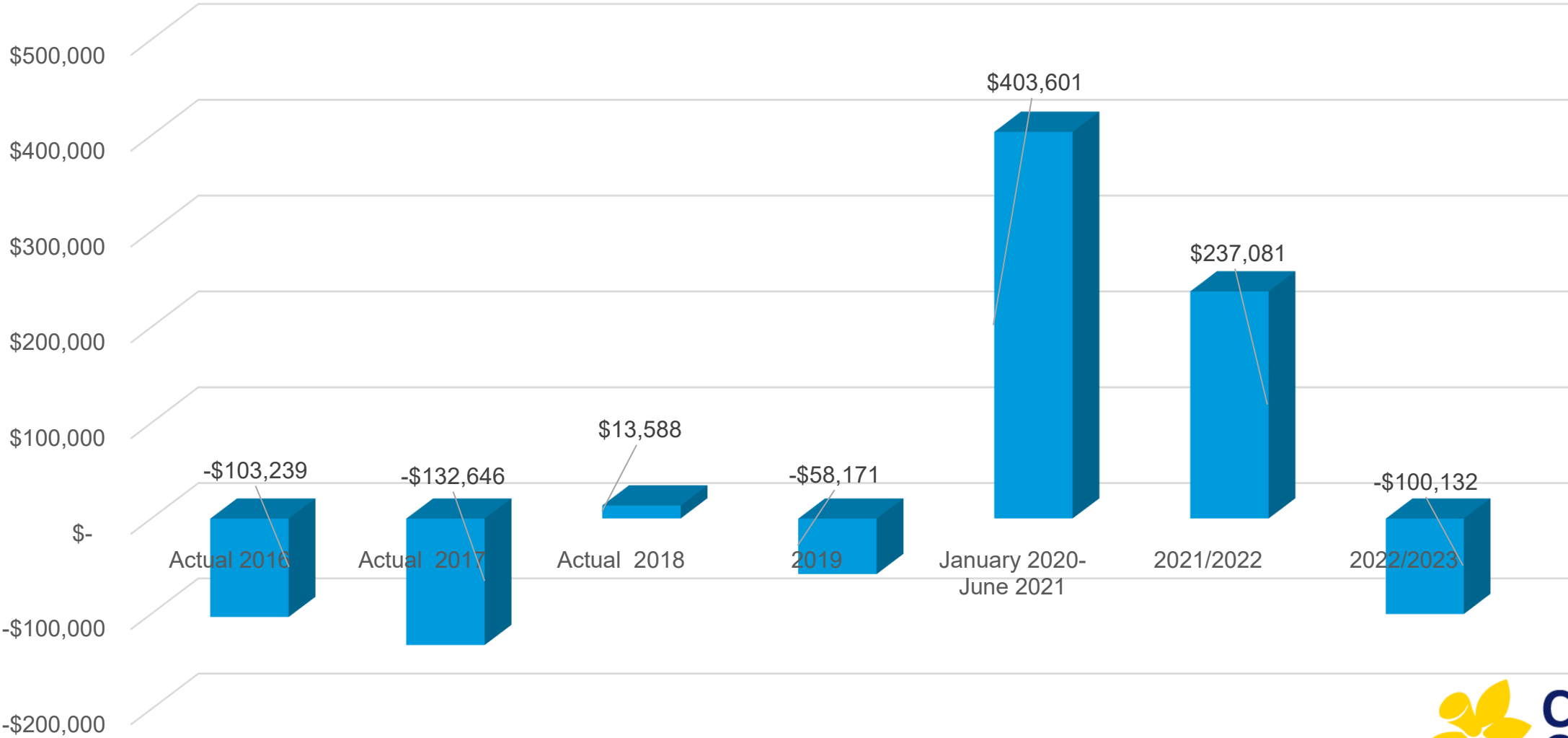
Income



■ Fundraising, Donations, Bequests ■ Grants ■ Retail ■ Medicare Reimbursement ■ Corporate Services

Profit/Loss 2016-2023

Total Comprehensive Income - 2016 to 2023





To all who support us
a huge thank you.

Follow us: [facebook/cancernt](https://facebook.com/cancernt)
Visit our website: nt.cancer.org.au

