# What's On in August

# **Northern Cancer Support Centre**

## **Programs**

#### **Centrelink**

Appointments available every second Thursday.

#### **Oncology Massage**

Appointments available every Tuesday morning.

#### Reflexology

Appointments available every second Tuesday afternoon.

#### **Exercise Physiotherapy**

Appointments available every Monday from 18<sup>th</sup> Aug

#### Wig service

By appointment or walk-in

#### Tai Chi

Every Tuesday from 11am - 12noon.

#### **Craft Group**

Every second and fourth Thursday of the month 1.30pm - 3pm.

#### **Wendy's Games Group**

First Friday of the month 11am - 1pm.

#### **Walking Group**

Every Friday 10am - 11am.

#### **Look Good Feel Better Workshops**

Check website www.lgfb.org.au for upcoming dates.

### **Support groups**

#### **Men's All Cancer**

Second Thursday of the month 10am - 12noon.

#### **Women's All Cancer**

First Tuesday of the month 1.00 p.m-2 30 p.m

#### Registration is required for all programs.

#### **Northern Cancer Support Centre**

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