

What's On in May

Northern Cancer Support Centre

Programs

Centrelink

Appointments available every Thursday.

Oncology Massage

Appointments available every Tuesday morning.

Reflexology

Appointments available every second Tuesday afternoon.

Exercise Physiotherapy

Appointments available every Monday.

Hairdressing and Wig Fitting service

Appointments available every second Thursday.

Tai Chi

Every Tuesday from 11am - 12noon.

Pilates

6 week course starting Monday 19th May-30th June

Mindfulness

Commencing Wednesdays in June at 1 p.m.

Craft Group

Every second and fourth Thursday of the month 1.30pm - 3pm.

Games Group

First Friday of the month 11am - 1pm.

Walking Group

Every Friday 10am - 11am.

Look Good Feel Better Workshops

Monthly on a Tuesday 10am - 12.30pm. Check website www.lgfb.org.au for upcoming dates.

Support groups

Men's All Cancer

Second Thursday of the month 10am - 12noon.

Women's All Cancer

First Tuesday of the month 1.30 pm - 3pm.

Registration is required for all programs.

Northern Cancer Support Centre

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