

What's On in June

Southern Cancer Support Centre Programs

Yoga

Every Monday from 1pm - 2pm.

Qi Gong at St Luke's

Tuesday June 24th-July 29th

Bowen Therapy

Appointments available every second and fourth Thursday.

Exercise Physiologist - by referral

Rest and Reset

Every Friday 10 am by walk in

Oncology Massage

Fortnightly by appointment

Centrelink

Appointments available every second Tuesday.

Walking Group

Fortnightly on alternating Wednesdays and Fridays 10am - 12noon.

BYO Craft Group

Fortnightly Tuesdays 10.30am - 12.30pm. Drop in with your own project, no registration required.

Art Program

Every third Wednesday 1-3 pm

Oatlands - Cancer Support and Massage

June 26th, 10.30-2pm, Oatlands Community Hub.

Legacy Sewing Workshop

4 week program Saturday 30th August - 20th September-see attached flyer

Registration essential

Huonville Art Therapy Workshop

Thursday 5th June

Registrations essential

Support groups

Metastatic Breast Cancer

Second Wednesday of the month 2pm - 4pm.

Gastro-Intestinal Cancer

Second Thursday of the month 2pm - 4pm.

Prostate Cancer

Third Tuesday of the month 2pm - 4pm.

All Cancers

Fourth Tuesday of the month 2pm - 4pm.

Swansea Support Group

Fourth Monday of the month 10-30 a.m

Registration is required for all programs, unless otherwise stated.

Southern Cancer Support Centre

15 Princes Street, Sandy Bay, Tasmania 7005

1300 65 65 85 | supportservicessouth@cancertas.org.au





Cancer Support and Massage in Oatlands

Supportive Care is coming to Oatlands. We are offering;

- 15 minute head, neck or shoulder oncology massage
- Information session and morning tea at 10-10.30am
- One on one support available with Cancer Council Tasmania staff between 10.30-2.00pm

When: Thursday 26 June, 10am - 2pm

Where: Oatlands Community Hub, 9 Barrack Street Oatlands

This workshop is free for anyone impacted by cancer including the person diagnosed, carers and loved one.

Registrations are preferred as places are limited.
Please contact Cancer Council Tasmania at
supportservicessouth@cancertas.org.au or 1300 65 65 85